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Safety/Education
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MISSION STATEMENT

To provide opportunities for bicyclists of all ages and abilities to ride their bicycles on safe, friendly, and well-organized rides; to be informed of bicycle events and related activities; to volunteer in support of CIBA and other bicycle-related organizations; and to socialize with other bicyclists.

HOW TO REACH US

Mailing Address:
Central Indiana Bicycling Association, Inc.
P.O. Box 55313
Indianapolis, IN 46205

Visit CIBA online at www.CIBARide.org

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Follow CIBA on Twitter

CIBA on Instagram

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Photos: Hilly Hundred Photo contest winners, Jay Hardcastle
Hello, CIBA members! March is here and we are starting to see some signs of spring. Hopefully those of us who are deterred by cold and varying types of precipitation will have a few outdoor rides under our belts by the time this issue publishes. Speaking of bike rides, CIBA’s ride committee/pillar has been working hard on various efforts – ride leader training in February and Marc Walter, Holli Phanco and Alan Rainey have been diligently working to get the ride calendar populated. CIBA’s supported weekend rides are truly what make the club unique and you all in a member survey expressed the importance of those rides when asked why you belong to CIBA.

I spent last month’s column talking about some of CIBA’s repeating rides. This column I would like to talk a bit about our weekend rides. Weekend ride leaders mark 3 routes usually of varying distances, stock the SAGs full of yummy treats and hydration, make the ride welcoming, offer SAG support and work hard like our repeating ride leaders to create a safe ride for all. Your membership dues enable our fully supported weekend rides - rides which other clubs charge admission for.

We’ve had many ride leaders doing rides for years in the double digits. The commitment of our volunteer ride leaders is amazing.

I am a near southsider so while I hit many of the weekend rides around town, I have a bias toward the more southern rides. Two of my favorites depart from Martinsville and CIBA is very fortunate that after many years, Mark and Joann Stuttgen retired after running the Cemetery Ride and Mystic Menagerie and have turned those rides over to the capable hands of Chris Rito and Kelly Dillon respectively. Both deliver on interesting scenery, hills and watermelon!

Carl and Penny Weissgerber rerouted the ride formerly known as Mann Road Meander to Mann Road Bypass in 2018 to avoid the more trafficky portion of Mann Road and that was one of my favorite rides in 2018.

Apples and Grapes hits a winery and an orchard and the baked goods provided by Kristen Dinges and lightly traveled roads make this one a favorite thanks to Nathan and Kristen Dinges.

The Crafts and the Kirks have been doing the Wander to Walnut Grove ride for several years and it’s a northside favorite for me! It’s a really lovely route – decently flat and lightly traveled roads, always well marked and smiling faces at the SAGs.

Honestly I could go on for pages about our rides. After having done CIBA rides for many years and served on the board in one capacity or another for 3 years, this year you’ll see my name in a new role as a ride leader for a ride in August. I hope to see many of you there and encourage everyone to consider helping out with a ride. Don’t hesitate to contact Marc Walter, Holli Phanco or Alan Rainey with any questions on leading a ride. And if you’re not sure, reach out anyway and we will work to find a seasoned ride leader to mentor you and show you the ropes.

CIBA Membership

The following people are new members of CIBA. Please welcome all when you see them on a ride.

Lauren Bailey
Ned Broadwater
Peter Cooney
Chip Edgington
Julie Gottsche
Jim Gould
Denton “Bruce” Hail and Family
John Krukenberg and Family
Larry Lenne and Family
Jeffry Manasse
Tim Monger
Attila Nagy
Christopher Oukada and Family
Benjamin Parker
Ross Sexter and Family
Ronald Stoner
Amy Tranzillo
Richard Vonnegut
CIBA Seeking Business Members

In addition to CIBA's long-time Individual and Family memberships, CIBA has had, for several years, Business memberships. Some of our Business members primarily sell products and services to cyclists or other athletes, but many are in other lines of business. CIBA places, on the cibaride.org homepage, logos of Business members that link to their websites. Business member contact information is also prominently displayed in CIBANEWS, and Business members have the opportunity to place an advertisement or article in the CIBANEWS at least once a year. We know that some CIBA members are small business owners, so we would like to encourage you to join as a Business member as well. Many other CIBA members work for companies that support various non-profit organizations like CIBA, as well as community sporting events and sports organizations, and we would love to have some of those companies join CIBA as business members. Please consider approaching your employer about becoming a CIBA Business member.

We have three levels of Business members:
- Bronze – $150/year
- Silver – $250/year
- Gold – $400/year

Business members can join by going to cibaride.org, clicking the Join Us button, and selecting the appropriate Business Membership level. They can also contact the CIBA Membership Co-Chairs at membership@cibaride.org.

Membership Announcement

If you are a CIBA member – thanks for your support! Your dues support our rides, which we strive to make safe, friendly, and well-organized. We also support the CIBA Foundation, promoting the benefits of safe cycling for all, and other bicycle-related non-profits such as Freewheelin’ Community Bikes.

If you know people who enjoy participating in CIBA rides, but are not members, please ask them to do the right thing and support CIBA by becoming members.

Weekend rides cost about $4 per person, including the paint for Dan Henrys, cue sheets, possibly SAG stop goodies, mileage reimbursement for ride leaders, etc. All labor is donated by CIBA members. Membership dues pay these expenses for all our rides. We need everyone who participates in our rides to join!

Thanks for your help!
- Individual membership - $30/year
- Family membership - $35/year
- Join at our website, www.cibaride.org

THANK YOU!

Mark Your Calendars

2019

CIBA/IndyPL Speaker Series 2019
March 20, 2019 – Wednesday

CIBA Picnic and Ride
June 8, 2019 – Saturday

N.I.T.E. Ride
June 22, 2019 – Saturday

52nd Hilly Hundred
October 25-27, 2019 – Friday, Saturday, Sunday

The 26th Annual N.I.T.E. Ride
will be held on Saturday, June 22nd and REGISTRATION IS OPEN! Register today before prices increase at niteride.org.

Volunteer registration will open on April 1st for riding and non-riding positions.

Next Board Meeting

Monday, March 18, 2019
Time: 6:30 pm - 8:30 pm
American College of Sports Medicine
401 W Michigan St, Indianapolis 46202
CIBA Officers, Board Members and Pillars
By Jay Hardcastle

The annual CIBA Swap Meet was held on Saturday, February 2, 2019 at the Hamilton Country 4-H Fairgrounds in Noblesville. We had record pre-sales of both table and floor spaces, with over 100 sellers on site. The bike corral was also popular, with over 40 bikes on sale.

The Swap Meet is CIBA’s best attended non-riding event. This year was no exception, with over 300 people entering after the selling floor opened at 9:30. More than buying and selling, there is always a lot of socializing at this mid-winter event with the next riding season just a few weeks away.

CIBA has a strong presence at the Swap Meet, with Ron and Jan Selby offering Membership renewals and Kristen Dinges running the CIBA Store. Also on the center island were the CIBA Foundation, N.I.T.E. Ride and Hilly Hundred. It takes almost 2 dozen CIBA volunteers to run the Swap Meet, from pre-registration through tear down, so a special thanks to all them as well.

Freewheeling’ Community Bikes was also in attendance, and wants to thank everyone who dropped off their “leftovers”, always a great contribution to their repair and rebuilding needs.

A new swap meet addition for 2019, 9 different events from Indiana, Ohio and Michigan were on-site sharing ride information. These events, listed on CIBA website, will be working with us during the coming year to help promote our events. We already know that CIBA members attend every one of the events we are working with, and hope you will consider them as you prepare your plans for the coming year. Two of the events, One Day Ride Across Michigan and the ROLLFAST Gran Fondo each gave away one free registration to their 2019 events.

The CIBA Swap meet will be back next year the same location, but a week later, on February 8, 2020. Be sure to add it to your calendar!
CIBA Membership Features and Information Available Online

Ron Selby, Membership Co-Chair

If you are reading this article you are familiar with one of the main perks of being a CIBA member – all the information provided by CIBANEWS. You may not be aware, however, that there are a number of other sources of information about the club that are available to CIBA members on our website cibaride.org.

Every member has a profile on our website, and we encourage you to log in and review it. How do you log in? We’ll provide instructions at the end of this article. You can access your profile by clicking the link containing your name that replaces the Log In button near the top of the home screen after you log in at cibaride.org.

Your profile has your contact information, a list of your cycling interests, your volunteer interests, a spot for your photo, etc. Your profile shows your membership type and your renewal date, and includes a Renew button. Near the top of the profile page is the Edit Profile button. A recent feature addition to our system is a secondary email address. If you would like to receive CIBA emails at two different email addresses, for example your work and personal addresses, you can enter your second address here. If you want to use only one email address you should leave the address to the right of the Log In button near the top of the home screen after you log in at cibaride.org.

Once you log in to cibaride.org, you will see two new menu items near the top of the home screen – a Members button and immediately to its right three horizontal lines that mean “More Members items”.

Clicking the Members button gives you access to the following:

- Current and old CIBANEWS,
- the members directory,
- Incentive program information,
- Ride With GPS and CIBA routes stored there,
- images of route maps and cue sheets,
- club photo albums,
- Ride Leader documents,
- CIBA documents like mileage and volunteer logs, and
- CIBA board meeting minutes.

Clicking the button to the right of the Members button gives you access to

- The CIBA Store/Incentive Bank,
- The Event Registration Calendar, and
- CIBA contacts – officers, board members, and committee members.

The instructions below should help you log in. If you have trouble, email us at membership@cibaride.org and we’ll arrange a time to walk you through the process.

Log in to access your profile and member information for the first time, or if you forgot your password:

1. Browse to the CIBA website at www.cibaride.org
2. Click the button labeled Log in, located on the web site home page directly below the Central Indiana Bicycling Association banner.
3. Enter your email address in the specified location. This address is the one you are using to receive CIBA weekly updates and other announcements.
4. Click the Forgot password link.
5. You will see a Reset password screen. Fill in your email address and the code, and then click the Submit button.
6. Check your email for a message from the Central Indiana Bicycling Association. Click on the link in the email as instructed.
7. Click the Set new password button.
8. Click the Log in button near the top of the page
9. Enter your email address and your new password
10. You should see the log in button replaced with a link containing your name, and you should see a Change password link and a Log out link. If you still see the Log in button then you probably incorrectly typed your email address and/or password.
11. You should now see a Members item on the main menu near the top of the home page.

Log in to access your profile and member information or if you want to change your password:

1. Browse to the CIBA website at www.cibaride.org
2. Click the button labeled Log in, located on the web site home page directly below the Central Indiana Bicycling Association banner.
3. Enter your email address and password in the specified location. This address is the one you are using to receive CIBA weekly updates and other announcements.
4. You should see the log in button replaced with a link containing your name, and you should see a Change password link and a Log out link. If you still see the Log in button then you probably incorrectly typed your email address and/or password. Click the Change password link. Enter your current password and your new password. Click Save.
5. You will see a message Password changed successfully.
2018 Hilly Hundred Photo Contest Winners

First Place
Michael Ronayne, Louisville, KY

Second Place
Larry Fine, Indianapolis, IN

Third Place
Luis Deveyra, Ft. Wayne, IN

Fourth Place
Connie Schmucker,
Indianapolis, IN

Fifth Place
Greg Kniss,
Fort Wayne, IN
2018 Hilly Hundred Photo Contest Winners – Honorable Mention

Honorable Mention
Connie Schmucker, Indianapolis, IN

Honorable Mention
Austin Whisler, Bloomington, IN

Honorable Mention
Tim Shier, Bloomington, IN

Honorable Mention
Steven Egan, Indianapolis, IN

Honorable Mention
Steven Egan, Indianapolis, IN
Bike Commuting Season is Kicking In!

Have you ever thought about riding your bike to work and the associated health benefits? Well, now you have an opportunity to learn more about it and ride in to work with a group of like-minded bicyclists. The traditional Bike to Work Day on Friday, May 17 (more to come on that later) is being expanded with Bike-in Breakfasts at the downtown YMCA City Market/Indy Bike Hub every third Friday from April through October. Bike Commuting lunch and learn events are starting in February in downtown Indianapolis on the second Thursday of each month. There is also a bike commuting kickoff event in March and an event to celebrate all your commuting miles in November. The bike to work schedule over the entire summer will create opportunities for groups to meet at designated areas and ride together with experienced bike commuters into downtown Indy.

Bike commuting routes will converge on the YMCA City Market/Indy Bike Hub (located at the corner of Market and Alabama Streets) and a free light breakfast will be provided. Designated routes will have experienced bicyclists leading the groups to downtown. See below for a full listing of the Bike-in Breakfasts and lunch and learn all summer long. Feel free to contact Pete Fritz at Commuter@cibaride.org for more information.

Get Ready for 500 Miles in May

By Bill Linhart, Incentives Chair

The 500 Miles in May incentive is once again being planned for the month of May 2019. We hope everyone has been training over the winter months so participation can be up in the early rides of 2019. Be sure and check the CIBA Rides calendar for the repeating and non-repeating rides. As in previous years the miles ridden on any CIBA ride will count towards this incentive. Talk your friends into joining you in this challenge. Logsheets will be available on the CIBA website to log your miles and make it user friendly. More details will be listed in the next month’s newsletter.
we intend to do on the roadway, to place ourselves in lane-position to safely reach our destinations. As we bring more friends and family into our cycling community it is important that we are all trained to make wise decisions where the rubber meets the road. “Riding Big” means being visible, not just wearing bright colors or having proper, legal lighting. It means taking a position in your destination lane where you are most visible to motorists and where you are most able to observe traffic-dynamics unfold. We are not at the mercy of motorists if we know how to tell them what we want.

By Ian Seecof

In 2013 I completed the (LAB), League of American Bicyclist’s Smart Cycling, Traffic Safety 101 course. Following that I completed training, in Bloomington, IN to become an LCI, League Certified Instructor. There was a lot of homework involved and the parking lot drills were challenging, but insightful. Bike handling skills involve far more than going fast and staying upright. After a couple of years on a bicycle many cyclists feel they are experienced and know all about riding. I have been pedaling for 68 years and am amazed at how much has changed and how much I still have to learn.

Fast-forward to October 2018 when Cheryl and I ventured to St. Louis, MO to attend CyclingSavvy’s 3-part in-person course. CyclingSavvy is the flagship program of the nonprofit American Bicycling Education Association. ABEA’s Mission is to provide programs and resources for the education of bicyclists as drivers of vehicles, and bicycling-related education for traffic engineers, transportation planners, law enforcement professionals, educators, and the general public. CyclingSavvy’s free lifetime membership gives you access to the Essentials Short Course, Smart Moves posts and other great content. You’ll also get the Savvy Cyclist e-newsletter, with course listings, event updates and great stories from CyclingSavvy grads and fellow members. The CS mission is to make a difference in people’s lives by empowering them to use their bikes to go anywhere they want, safely and confidently.

The Rules of the Road, Group Riding, and Paceline basics have been posted on the CIBA web pages for years, but when I speak to cyclists about them, I see many eyes glass-over. Of course, we all know where to look for bicycling laws specific to Indiana, don’t we? How much do you know about roadway features, bicycle infrastructure, route planning, crashes and counter measures, or how to ride anywhere at any time? CyclingSavvy strategies address all of these aspects and many others. One of our training exercises unfolded at an Orlando intersection which is statistically the most dangerous in the entire nation. CyclingSavvy strategies transformed this roadway into an easily navigated arterial street. When all the pieces come together the puzzle becomes a beautiful picture to be appreciated instead of being feared.

So many choices to choose from: Online courses, In-person courses, In-person bike handling skills, In-person 3-session workshop, online mastery course, or Ride Awesome membership. Sure, most cyclists expect some level of risk when they share the road with motorists, but only about 18% of crashes involve a motor vehicle. Old school taught us to ride as far right as possible. New school says take the lane, do not ‘edge ride’. Take command, communicate, control and release, be more visible with your position in the correct lane, be relevant and plan ahead, be strategic, be assertive, but courteous, be confident and be able to ride where you want to go.

As we prepare for another season of cycling, starting with ‘500 Miles in May’, CIBA safety training is preparing to enter its next generation to meet the needs of a changing cycling environment. With more bicycles and motor vehicles sharing the road it becomes more important than ever that we ‘train our bikes’ and help motorists understand our communications regarding what

News From the CIBA Membership Pillar

January 16, 2019 Meeting

1. 2019 FAMILY RIDES! CIBA Foundation is planning 4 rides on different sides of town. There will also be a family ride at the CIBA PICNIC on the northside. Watch for details!

2. PLEASE JOIN CIBA – many riders on our weekend rides do not pay dues and are not members, but enjoy our marked routes, snacks, and rest stops. Please encourage people you know who do this to do their part and join. CIBA weekend rides cost us about $4/person to put on, and all prep time is volunteered. Thanks!

3. CIBA CENTURIES – Don Silas may be leading some 100-mile rides this year to allow others to share in his training for the famed Paris-Brest-Paris ride in August, which he plans to ride. Plan to JOIN Don in this challenging series!

4. RECREATIONAL RIDÉS are at a slower pace and focus on camaraderie. Consider the Thursday night DINNER RIDÉS in Carmel, led by Jay Hardcastle. Rides typically go 10-15 miles to a restaurant, then back, and end by dark.

5. INDY CRIT – CIBA once again is responsible for a family ride at Indy Crit, on July 13, 2019. Last year’s ride drew 200 riders! This year there will be a new route. Lots of volunteers will be needed!

CIBA members are welcome to attend our next meeting and give input. It will be at Central Library before the March Speaker Series event. Contact Sheldon Hall for more details: hallatz93@gmail.com.
Our mission
The CIBA Foundation, through its grant program, strives to provide financial and other resources to partner organizations that support its goal of promoting the benefits of safe cycling to the community.

2018 Board of Directors
Debbie Beaudin, Treasurer
Karen Bohn
Brad Bolling, Associate
Randy Clark
John Cook
Dolly Craft, President
Jennifer Cvar
Jerry Halperin
Skip Higgins, Vice President
Tom McCain, Secretary
Rich Moeller
Andy O’Donnell
Irwin Prince, Honorary
Jerry Simon
Warren Smock, Honorary
Carole Terry

2018 Annual Report

2018 grant recipients and purposes: $ 40,650
- Broad Ripple Village Assn.: Planning and design fees for RiverWalk
- City of Fort Wayne Comm. Dev.: Bike lights for school kids
- Columbus Bicycle Co-op: Purchase helmets and bike lights
- Cycling Without Age: Purchase trishaw and trailer
- Freewheelin’ Community Bikes: Bike supplies
- Hayes Arboretum: Mountain bike access trail
- Heritage Christian School: Purchase bicycles and supplies
- Indy Crit: Indy Crit 2019
- IPS #56 PTA: Bike shelter
- IU Emergency Medicine: Annual Indianapolis Children’s Bike Fair
- Midwest Devo: First aid and concussion supplies
- Nine13sports: Trailer and supplies
- Noblesville Park Foundation: Adaptive bike for Bike Share Program
- Pedal & Park: T-shirts for volunteers
- Recycled Cycles: Repair bicycles for the needy
- Wayne Co. Cardinal Greenway: Purchase bicycle racks

2018 Cash Flow Analysis

| Funds Received | $ 21,718 |
| Funds Disbursed | |
| Grants | $ 40,650 |
| Admin | $ 4,244 |
| Total Disbursed | $ 44,894 |
| Margin | $(23,176) |

2018 Grant totals 2009–2018

2018 Investment Analysis

| Beginning Fund Balance | $ 347,305 |
| Margin | $(23,176) |
| Increase in Investments | $(12,795) |
| Ending Fund Balance | $ 311,334 |

Investment Balance Allocation

| Restricted Funds | $ 290,000 |
| Unrestricted Funds Available for Grants | $ 21,334 |
| Fund Balance | $ 311,334 |
Thank you to our 2018 Donors

Donations up to $49
Anonymous (2)
Kathie Cook
Jane Corbett
Bill Doggett
Deborah Gardner
Dave & Janice Goff
Elliott Gold
Judy Hagan
Martha Hall
Sheldon Hall
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Dave Zaun

Donations $50–$99
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Sara & Mark Bernstein
Bluegrass Bicycle Company
Brent Bouwens
Steve DeVoe
Catherine Dusing
Kent & Anne Ellis
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Diana Virgil
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Phelgar Washington
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Karen Bohn
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Donor (1)
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Randy Clark
Don & Dolly Craft
Jennifer Cvar
Thomas Lauer
Kevin K. McKinney Charitable Fund, a fund of CICF
Mckinney Family Foundation, Inc.
Jill & Greg McRoberts

Dedications
In honor of Jerry Simon
— Sara & Mark Bernstein
— Reuben & Maria Simon
In honor of Warren Smock’s 75th birthday
— Sandy Gettle
In honor of Dolly Craft
— Anne & Rod Scheele
In honor of Irwin Prince’s 80th birthday
— Donna & Jerry Segal
— Jerry & Ellen Simon
In honor of Jerry Segal’s birthday
— Larry & Rita Steinberg
In honor of Garth Timmerman
— Lisa Timmerman
In memory of Steve Garrett
— Peter Dean
In memory of Max Kenemore
— Sean Kenemore

Industry Contributors
Bicycle Garage Indy
Cannondale
Giant Bicycles
Highway Two
Pearl Izumi/Shimano
Serfas
Thule

CIBA Foundation gives hands-on help, in addition to grants

We thank our generous donors for helping us meet our goals during 2018. We also want to thank the volunteers, including Foundation board members, who helped to carry out some of grant recipients’ projects.

The inaugural Friends & Family Fun Ride in 2018 was a success and will be continued in the future.

To donate by mail:

Please complete the form below, enclose your check payable to CIBA Foundation, and mail to: CIBA Foundation, Inc., c/o Jerry Simon
711 Kessler Boulevard West Drive, Indianapolis, Indiana 46228

Name(s): ____________________________
Address: ____________________________
City: ____________________________ State: _______________ Zip: _______________
Phone: ____________________________ Email: ____________________________
I wish to donate $ ______________________ Check number (enclosed) _______________
☐ Yes, you may list my name in recognition materials. Please list my donation as: ____________________________
☐ No, I wish to remain anonymous.
Signed: ____________________________ Date: _______________

To donate online:
Visit cibafoundation.org and follow the link to “Donate to the Foundation.”

Your contribution is deductible according to IRS tax guidelines.
CIBA Ride Listings Will no Longer Appear in CIBANEWS

Last November a new calendar system was implemented so all CIBA rides and events would be available within a single calendar. We continued to include a spreadsheet of repeating and non-repeating rides as inserts in CIBANEWS as there were few rides scheduled during the off-season. Going forward we will no longer publish ride listings in the newsletter. Following is an overview of the new calendar and how to access ride and event details.

A small monthly version of the calendar appears on the right side of the main webpage, cibaride.org. The current month is the default with the current date highlighted in light blue.

You can use the arrows in the calendar header to move forward or backward by month. Dates with rides or events appear bolded and prior/future month dates are shaded.

To see details of events for a date that is bolded, click on the date and a listing of all rides and events for that date will appear as a pop-up. Click on a specific item in the popup for full details of the ride or event.

From the full calendar view you can select specific categories from the drop-down menu in the upper right, move forward or backwards by month by clicking on the arrows at the top on either side of the month. We currently have the following categories of rides and events (color-coded): Weekend Rides, Repeating Rides, CIBA Events and Meetings, Grand Touring, HOOTS, and Rides of Interest (non-CIBA). You can change your view from full month to week, current day or list by clicking on the option you desire. If you select Go to Date in the header you can also move to a specific date. To see an event or ride details, simply click on the event and a pop-up will appear.

Ride Report

Ride Name: Valentine’s Day Ride
Ride Date: February 10, 2019
Ride Start: 116th & Meridian
Ride Leader: Patrik Madaras
Number of Riders: 1

This winter has offered some crazy weather, with brutally cold days followed by Spring-like temps. The day before the Valentine’s Day ride, it was freezing, but sunny. Up to two hours before the ride, it was damp, but relatively pleasant. However, within an hour, the temperature plummeted and snow began to fall. By the time the ride began, all the streets were snow covered and slick. Leave it to former national bicycling champion, Steve Dayton, to dismiss the foul conditions and tackle a solo ride.

Steve never misses this ride. He’s been here when it was held on the very coldest day of the year (and the roads were ice-covered) and when it’s been moderately pleasant. He tried to lure some fellow cyclists to join him, but they wouldn’t even answer his phone call. He did elect to leave his street bike home and instead brought a “comfort” bike....one which wouldn’t go as fast, but would handle the snow-covered roads.

The route went north into the farmlands of Hamilton County on generally good roads (all roads have suffered from pot hole mania again this winter). Because the roads had become a tad treacherous, Steve elected to limit his distance and returned to the start/sag stop on one of the shorter route options.

Of course, there was that hot potato soup awaiting his return as his reward. This year, it was extra thick (almost a porridge), which served us both well as we downed several cups. We needed the calories to replenish those lost to the cold. We both agreed the entire adventure was worth it. We almost felt sorry for those who weren’t there to help us in our culinary expedition. No matter the weather, that hot potato soup is always a winner!
Central Indiana Bicycling Association
And Committee Planning Session
2018 Incoming/Outgoing Board Meeting
Conference Room Velodrome
3649 Cold Spring Road, Indianapolis, Indiana
January 5th, 2019
12:30 - 3:30

Attendees: Katie Feltman, Pat Madaras, Martha Hall, Catherine Dusing, Marc Walter, Alan Rainey, Jay Hardcastle, Sheldon Hall, Anthony Marshall, Leslie Powell, Jyoti Verederame, Mark Bettiger, Ron Selby, Janet Hollis, Diana Virgil, John Calhoun, Madelyn Zalon, Michael McGraw, Holly Phanco, and Jan Moorhead

Absent: Tim Diemer, Elisabet Gravani, Cheryl Sunman

12:00 p.m. Social Hour

12:32 p.m. Call to Order Katie Feltman welcomed all and introductions were made.

President’s Report
Feltman encouraged the board to read the mission statement and keep our focus on the mission. She urged us to keep our rides and financial sustainability as our key issues for 2019.

Secretary’s Report
Martha Hall presented the minutes of the November 19, 2019, meeting which were approved as revised. The CIBA contact list was passed around for updating. She thanked Pat Madaras for preparing that document.

Vice President’s Report
Pat Madaras shared that he was glad he could serve again as an interim officer. He believes the work with the Nominating Committee helped to fill the available board openings.

Governance/Business Items
Feltman led the discussion of the role of board members and attendance at meetings. The CIBA Board is a working board and board members should be active in a pillar, be prepared for “other duties as assigned”, and can expect a call for items for the board meeting agendas. Calendar management and Pillar structure were presented briefly.

Feltman announced the appointment of Brian Krecik as webmaster for CIBA.

Marc Walter presented the E-bike policy for adoption. It reads:
• Riders that are pedaling an e-bike and using the e-bike capabilities to enhance the power output of each pedal stroke are allowed to participate in CIBA rides with the full rights and responsibilities of any other CIBA rider.
• Riders that are using an e-bike to fully propel the rider without pedal input are not allowed to participate in CIBA rides.

After discussion, Pat Madaras moved we adopt this policy as above and Alan Rainey seconded the motion. The motion carried.

Jay Hardcastle outlined the current social media used by CIBA from Website to Twitter to FaceBook to Strava, etc. Currently Marc Walter sends out the Weekly Ride Update email. After some discussion, it was decided that the club needs a communication plan. The newsletter format will also be included in that plan as the current newsletter editor, Cheryl Sunman, will resign the beginning of 2020.

Key positions open were discussed.

Risk Management - Holly Phanco agreed to take this position and was heartily thanked by the board. Pamela Hollick also is to be thanked for remaining for 2 years after giving notice she wished to resign. As part of that of that discussion, Feltman shared that rides that are out of state are not covered by CIBA insurance.

Other positions remaining open include Incentives Chair and Event Coordinator. Discussion of the continuance of the incentives program was tabled although it was agreed that the 500 Miles/Kilometers in May is a popular one. It was also noted that CIBA wearing apparel serves as advertisement in the community.

The Hilly still needs an entertainment director. They also want someone who can garner sponsorships for the Hilly.

Feltman then led the board in planning for the January Annual Meeting. The board developed an outline for the agenda to include the required approval of the 2017 Annual Meeting Minutes, election certification, voting on the proposed bylaws amendments, financial report, recap of 2017, and highlighting the achievements of the club. After lunch, an interactive bicycling panel will highlight the afternoon. The President’s Ride will begin after the conclusion of the meeting.

The board moved then to a discussion of how to support the club’s mission especially focused on ride opportunities.

Adjournment: Madaras moved the meeting be adjourned, Walter seconded the motion, and all were in favor. Meeting adjourned at 3:40 P.M.

Submitted by Martha Hall, Secretary

The next Board Meeting is scheduled for Monday, February 18, 2018, President’s Day at 6:30 P.M.

American College of Sports Medicine
401 W. Michigan Street, Indianapolis, Indiana

MISSION STATEMENT: To provide opportunities for bicyclists of all ages and abilities to ride their bicycles on safe, friendly, and well-organized rides; to be informed of bicycle events and related activities; to volunteer in support of CIBA and other bicycle-related organizations; and to socialize with other bicyclists.
Call to Order: President Jason Ochoada called the meeting to order at 10:38 am. Over 45 individuals were present.

Approval of Minutes for 2017: Joe Hunter-Lattak moved that the minutes be approved as presented with Jay Harcastle seconding the motion. The motion carried.

New elected officers: Newly elected/reelected officers for 2018 were announced. They include:

- Jason Ochoada President
- Katie Feltman Vice President
- Martha Hall Secretary
- Kevin Kearney Treasurer
- Sheldon Hall Board member thru 2019 (until fall 2018 election)
- Jay Hardcastle Board member thru 2019
- Elisabet Gravani Board member thru 2020
- Dharmendra Khanolkar Board member thru 2020
- Anthony Marshall Board member thru 2020

The new officers were affirmed by a unanimous vote of those attending. The nominating committee for this year’s officers included current Board members Cheryl Sunman, Marc Walter, and Alan Rainey, and they were thanked for their service.

President’s Report: Jason Ochoada briefly discussed the reorganization from last year, in which five pillars have been condensed to four (Financial Responsibility, Member Engagement, Community Partnership, and Ride Experience.)

Financial Report: Howard Cohen reported that the club is solvent. Beginning of the year balance for 2017 was $159,096 and the end of the year balance for 2017 was $151,950.00. This, however, is not a true loss as the financial figures did not include the positive figures with Hilly’s approximately $8000 and $2000 from Pedal and Park.

Financial Responsibility Pillar Report: Howard Cohen continued reporting that the pillar had put best practices in place this past year. There had been some fraudulent invoices through email and website, but those funds have been recouped. Donations were made to the CIFA Foundation, Bicycle Indiana, etc. The pillar is working to align the various financial subgroups to use the same categories.

Goals for 2018 include continuing the alignment of categories across the financial sub groups. Most costs are fixed. To do better financially, the club will need to increase revenues from fee rides and increase membership.

Member Engagement Pillar Report: Katie Feltman presented a walk down Memory Lane:

- How many different presidents has CIBA had? 24
- Who was our first president? Catherine Dusing
- Who was president for the most number of years? Carole Terry (4)
- Which past president has a Hilly hill named after him? Ross Faris
- What year did CIBA have the most members? 2000 – 2354
- What year did CIBA have the fewest members? 1971 – 245

She thanked Ron and Janet Shelby for compiling this data and for their work with membership dues. She also thanked Tom Higbie and Nathan Dinges for their work on the CIBA website. Denise Mattox was recognized for her service as event coordinator for CIBA.

2017 Accomplishments for this pillar included:

- Rolled out member and incentives survey
- Collaborated with Ride Pillar on ride leader incentives and Rookie Ride program
- Launched completely new incentives/points program and a new CIBA Store
- Launched a new club kit
- Migrated some volunteer activity to online only sign-up
- Handled all the regularly occurring tasks related to keeping the business of CIBA membership running smoothly
- Handled all the regularly occurring tasks related to keeping the website functioning optimally
- Published 11 monthly editions of the newsletter

Goals for 2018 include:

- Review/propose changes to incentives and CIBA Store for 2019 and beyond based on 2017 survey
- Significantly increase focus on volunteer appreciation and increase volunteer pool
- Member growth and retention
- Work with the Ride Pillar on the efforts to get the rookie ride program more formalized in 2018
Ride Experience Pillar Report
Kristen Dinges recognized the mileage award winners. They were:

- Cheryl Sunman  Senior Female  3,769 CIBA miles
- Ian Seecof  Senior Male  3,703 CIBA miles
- Elisabet Gravani  Female  2,637 CIBA miles
- Mike Senzig  Male  2,722 miles
- Phil Perry  Commuter  4,161 miles

Marc Walter shared the accomplishments and goals for the Ride Pillar.
Accomplishments included:

- Demonstrate appreciation to Ride Leaders
- Held appreciation dinner in spring
- Published thank you notes in the newsletter
- Co-Effort with membership focused on mentoring and incentives
- Targeted 5 rides for mentoring, which led to several more, very positive feedback from both mentors and new riders
- Increased points for mentoring
- Reengaged with Bike-in-Breakfast with P. Fritz and A. Grenmos
- Drafted requirements for ride leader forms - goal is to have a simple form encompassing ride reports, expense reimbursement, and incentive request; a work in progress
- Began work on revising the ride leader manual; a work in progress

The following is a close estimate on the number of rides sponsored by CIBA in 2017 in some way:

- Weekend = 42
- Hoots = 16
- Grand Touring = 14
- Dinner/Breakfast = 4
- Limited support = 5
- Repeating rides = too many to count ~110 in July for example
- Bike in Breakfast =1

The main goals for 2018 include filling the Weekend Ride Calendar, provide a yet to be decided ride format for weekend dates without a ride scheduled, and improve the mentoring program.

Discussion followed about filling the Weekend Ride Calendar, Limited Support Rides, and Mentoring. Any CIBA ride needs a sign in sheet completed for insurance purposes.

HOOTS: Madelyn Zalon reported for Hoots and thanked the ride leaders and volunteers that made these activities possible. Planned events for 2018 include:

- Hoots Winter Social:  February 3rd, 5:30
- Blind School Rides:  May and August
- New Harmony Weekend:  June 1-3
- 2 other weekend rides: Possibly Batesville & Angola
- Attend Carmel Gazebo concerts as a tandem group – Wednesday evenings in the summer
- Host a Family tandem ride in conjunction with a CIBA ride
- Tandems at Hilly Hundred  October 6
- Continue with other tandem rides throughout the riding season

Hilly Hundred: Mark Bettinger, Hilly Director, reported that the Hilly made about $8500. The After-Hilly Merchandise Sale proved more difficult than anticipated and will be discontinued in 2018. He thanked Nathan and Kristen Dinges for their efforts. The route going east of HWY 37 was well received. Possible changes include Saturday route going east as well, routes finishing near the Vendor Tent, and a festival-like atmosphere there. They are exploring route options with the hope of using the same rest stops both days to reduce expenses. Hilly Hundred Weekend is scheduled for October 5-7th at Ellettsville for 2018.

N.I.T.E. Ride: Ride will be at the same venue as 2017, the City Market and no longer associated with the Indy Crit. The participants increased 20% from 2016. Registration will be open in February. A thank you for Jon Clahan as ride director.

Community Partnership Pillar Report: Alan Rainey reported for this Pillar that 2017 Accomplishments included:

- Coordinated with the Volunteer Pillar to staff requests from the CIBA Foundation for Volunteers
- Parked more than 2000 bicycles at the 3 CIBA staffed events - Broad Ripple Art Fair, Indiana State Fair, and Pendrod Art Fair
- Provided financial support to the Foundation through our fee rides

He continued reporting the 2018 Goals as:

- Engage more frequently with both the legacy committees that form the Pillar and with outside organizations such as IndyCog, Bicycle Indiana, and Freewheelin'
- Improve the structure of the pillar meetings

Dolly Craft reported for the CIBA Foundation. This board tries to keep disbursements at 10% of the balance of the funds with this year’s disbursement of $39,120 exceeding that limit slightly. 100% of foundation board members made donations to the foundation as did 60% of the CIBA board members. Grants are reviewed in March and September. Grants in 2017 were made to Speedway Trails Trail for crossing signs & surface, Nine13sports for helmets & safety materials, Jameson Camp for repairs to youth bicycles, IU Emergency Medicine to hold Indianapolis Children’s Bike Fair, IndyCog, Inc. for a bicycle safety training facility, IMPD to maintain youth bicycles, Girl Scouts of Central Indiana for youth bicycles & expenses for safety event, Freewheelin’ Community Bikes to purchase youth bicycle helmets, locks & lights, Indy Criterium Bicycle Festival for a youth bicycle helmets & safety program, Horizon House, Inc. to support of the Street Outreach program, Covered Bridge Gateway Trail to help extend trail system, and Cardinal Greenway for bicycle work stands on the trail.

Lunch
Speaker: Bruce Kimball of Carmel, who shared his experiences with creating a favorable bicycling culture and improvements in Carmel.

Ask the Board: Jason Ochoa invited all board members to come forward and entertained questions from the audience.

Adjournment: The meeting was adjourned at 1:18 p.m.

Submitted by Secretary Martha Hall
CIBA Business Members 2019

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