CIBA Annual Pitch-in Dinner and 2019 Elections
All CIBA members are invited!

Saturday, November 10, 2018, 6:00 – 8:00 p.m.
First Congregational Church
7171 N Pennsylvania St, Indianapolis, IN 46240
(Follow the driveway on the north side of the church to the parking lot behind it.)

Gather at 5:30 pm; dinner at 6:00 pm.

- CIBA will provide meat and drinks (smoked turkey from Josh Weir).
- Each member is asked to bring a dish to share.
- The church is accepting canned or boxed food donations for their Thanksgiving Food Drive.
- The elections will follow dinner.
- We will conclude with a raffle for dinner attendees including great cycling merchandise from our Hilly Hundred vendors!

Come meet with other members, share a meal and socialize.
## Board & Liaisons

### OFFICERS

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Phone</th>
<th>Email</th>
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</thead>
<tbody>
<tr>
<td>President</td>
<td>Katie Feltman</td>
<td>317-374-7303</td>
<td><a href="mailto:president@cibaride.org">president@cibaride.org</a></td>
</tr>
<tr>
<td>Vice President</td>
<td>Pat Madaras</td>
<td>317-259-1949</td>
<td>ciba <a href="mailto:vp@cibaride.org">vp@cibaride.org</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Martha Hall</td>
<td>317-403-1081</td>
<td><a href="mailto:secretary@cibaride.org">secretary@cibaride.org</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Open</td>
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### BOARD MEMBERS

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<tr>
<th>Year</th>
<th>Name</th>
<th>Phone</th>
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<tr>
<td>2018</td>
<td>Alan Rainey</td>
<td>317-260-8558</td>
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<tr>
<td></td>
<td>Cheryl Sunman</td>
<td>317-902-5518</td>
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<td></td>
<td>Marc Walter</td>
<td>317-903-9666</td>
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<td></td>
<td>Sheldon Hall</td>
<td>317-373-1660</td>
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<tr>
<td>2019</td>
<td>Tim Diemer</td>
<td>812-327-8574</td>
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<td></td>
<td>Jay Hardcastle</td>
<td>317-509-4587</td>
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<td>2020</td>
<td>Elisabet Gravani</td>
<td>317-306-5281</td>
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<td>Open</td>
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<tr>
<td></td>
<td>Anthony Marshall</td>
<td>317-513-1914</td>
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</tbody>
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### COMMUNITY PARTNERSHIP PILLAR

- Local Advocacy & Trail Development
  - Diana Virgil 317-852-3383
  - Board Liaison, Pedal and Park
  - Alan Rainey pedalpark@bicycleindiana.org
  - Public Relations
  - Jay Hardcastle 317-509-4587 pr@cibaride.org
  - Speaker Series
  - Joe Hettle 317-496-5516 jhettle@gmail.com

### FINANCIAL RESPONSIBILITY PILLAR

- Board Liaison
  - Open
- Treasurer
  - Open

### MEMBER ENGAGEMENT PILLAR

- Board Liaison
  - Sheldon Hall 317-393-1660
- Historian
  - Catherine Dusing 317-255-0559 cibamom@att.net

### RIDE EXPERIENCE PILLAR

- Board Liaison/Club Rides
  - Marc Walter 317-903-9666 cibaridechair@cibaride.org
- Commuter
  - Pete Fritz 317-690-8072 pete.fritz@att.net
- Hilly Hundred
  - Mark Bettinger 317-753-1744 mkbettinger@comcast.net
- HOTOs
  - John Calhoun & Madelyn Zalon 317-815-9941 ja_calhoun@indyrr.com & mzalon@indyrr.com
- Indiana Randonneurs
  - Bill Watts 317-925-5801 w Watts@butler.edu
- N.I.T.E. Ride
  - Jon Clahan 317-332-0330 jclahan@niteride.org
- Risk Management
  - Pamela Hollick riskmanagement@cibaride.org
- Safety/Education
  - Ian Seecof 317-604-0482 ianm@Comcast.net

### AFFILIATED ORGANIZATIONS: LIAISONS

- CIBA Foundation
  - Jerry Halperin 317-431-3882 jhhalperin@yahoo.com
- Bicycle Indiana
  - Nancy Tibbett 317-466-9701 info@bicycleindiana.org
- B&O Trail Association
  - Diana Virgil 317-852-3383
- Bike Indianapolis
  - Damon Richards 317-663-3423 damon@bikeindianapolis.org

### MISSION STATEMENT

To provide opportunities for bicyclists of all ages and abilities to ride their bicycles on safe, friendly, and well-organized rides; to be informed of bicycle events and related activities; to volunteer in support of CIBA and other bicycle-related organizations; and to socialize with other bicyclists.

### HOW TO REACH US

Mailing Address:
Central Indiana Bicycling Association, Inc.
P.O. Box 55313
Indianapolis, IN 46205

Visit CIBA online at [www.CIBARide.org](http://www.CIBARide.org)

Like CIBA on Facebook
Follow CIBA on Twitter
CIBA on Instagram

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Submissions are welcome and the DEADLINE is the 1st of the preceding month.

CIBANEWS is published 11 times a year by the Central Indiana Bicycling Association, Inc.

Articles in CIBANEWS are subject to reprint with proper credit by other not-for-profit clubs unless expressly prohibited by author/contributor in writing. Opinions expressed herein do not necessarily represent those of CIBA Officers, Board members, or newsletter staff.

PLEASE SUBMIT MATERIALS FOR PUBLICATION TO: cibanews@cibaride.org as an email attachment.

Text may be submitted in Word, .TXT, or PDF formats. Photos should be submitted in a separate file, preferably in a high resolution file format.

ADVERTISING RATES PER ISSUE (based on camera-ready art):
- 1/8 page - $20, 1/4 page - $37.50, 1/3 page - $50, 1/2 page - $75, full page - $150.

CLASSIFIED ADS: Free to CIBA members; $5 per 30 words for all others. Classified ads will run one time only, unless otherwise requested.

Layout: Peer's Productions, (317) 450-7337, Email dee.peersproductions@gmail.com

CIBANEWS Staff/Contributors

Editor: Cheryl Sunman
Layout: Dee Peer, Peer’s Productions
Contributors: Ron Selby, Janet Selby, Alan Rainey, Cheryl Sunman, Randy Schmucker, Martha Hall, Tim Diemer, Ian Seecof, Katie Feltman, John McShea, Carl Weissgerber, Tom McCain, Jay Hardcastle, Joe Hettle
Photos: Tim Diemer, Connie Schmucker, and Ian Seecof
President’s Column

Year’s End

Hello, friends! This is the last column you'll be reading from me in 2018 - this is the last edition of CIBANEWS for the year. Another year has flown by and the cycling season is winding down, the days are getting shorter and cooler, and the 51st Hilly Hundred is in the rearview. I find myself doing what I normally do around this time of the year – taking stock of 2018 and looking ahead to 2019. I tend to do this in most areas of my life where I invest a measurable amount of energy and time and CIBA certainly makes that list whether I am doing something related to being a board member or out on a CIBA ride. There’s a long list of “taking stock” type things I could address here, but I want to focus in on one which I have written about before.

For about the eleventy-millionth time in the last couple of years, I was with a group and one individual who had met the group after a ride was basically telling the group she did not feel like she was fast enough to stick with a CIBA group ride. Her companion who rides CIBA rides often noted that with just a few exceptions where listed speeds on repeating rides are strictly observed and a couple of more casual repeating rides that ride leaders have begun this year, our rides persist in not being welcoming for novice cyclists. Our ride leaders do a wonderful job of creating safe rides and welcoming environments for newcomers, but in most cases ride leaders aren’t going to be out on the ride with the group once a weekend group ride leaves the parking lot. Most of those new cyclists end up riding the ride alone.

Earlier in October, I was on a group ride where I averaged 18.5mph. And I was dropped about halfway into the ride. One of the ride leaders and another cyclists came back for me (it was super windy out) and I ended up having so much fun that night. The riders took the time to teach me some new skills for riding in head and cross winds. I was so grateful and had a blast! We did discuss the challenge with a situation where if I at 18.5mph can’t stick with a group for 20 miles when the advertised ride speeds are between 15 and 20, how are we going to welcome new cyclists? That the 2 cyclists both came back and then spent the rest of the ride offering their wisdom and mentoring me - that ride experience really spoke to the mission of the club for me that night: To provide opportunities for bicyclists of all ages and abilities to ride their bicycles on safe, friendly, and well-organized rides; to be informed of bicycle events and related activities; to volunteer in support of CIBA and other bicycle-related organizations and to socialize with other bicyclists.

I have cycling goals and ride for fitness like many so understand that everyone does not always want to give up their fitness rides week in and week out to assist new cyclists – I will be honest - I don’t. But I am asking myself when was the last time I stopped to either formally through the request of a ride leader or informally mentor a new rider? Have I invited my non-CIBA friends to join me on one of the casual rides happening throughout the week? Have I paid forward the mentoring and camaraderie shown to me a few weeks ago? I have heard this same story over and over where someone I meet on a CIBA ride tells me about another CIBA member who took the time to mentor and ride with them.

CIBA for more than 50 years has and continues to run on the generosity and graciousness of our volunteers. People renew their membership in CIBA for the friendships and riding companions everyone has been able to find through the club over the years. This I never lose sight of and is something we need to continue to focus on as 2019 approaches.

The good news is there are some opportunities brewing to continue to expand our casual rides in 2019 as well as some work underway by the board to make some enhancements to our ride calendar, more ride leader training and an increased focus on safety and education. I invite you all to look for and participate in these opportunities - and I challenge all of us to find and mentor one new cyclist in 2019.

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Mark Your Calendars

2018

Annual Pitch-in & Election Dinner
November 10, 2018 – Saturday

2019

Hilly Hundred Planning Meeting
January 5, 2019 – Saturday

Incoming/Outgoing CIBA Board & Pillars Planning Meeting
January 5, 2019 – Saturday

CIBA/IndyPL Speaker Series
January 16, 2019 – Wednesday

Annual Members Meeting
January 19, 2019 – Saturday
Hilly Hundred Weekend

Thank You Hilly Hundred Weekend Volunteers and Riders!

Over 1900 riders joined in Ellettsville for another incredible Hilly Hundred Weekend. Please look for a complete wrap up in the January issue of CIBANEWS.

In the meantime, SAVE this date: The 52nd Hilly Hundred Weekend will be October 25-27, 2019!

CIBA Membership

The following people are new members of CIBA. Please welcome all when you see them on a ride.

- Don Hicks
- John Ringis
- Dan Saunders
- James Scott
- James Smith
- Rex Sohn & Family
- Ronald Stone & Family
- Gregory Walton
- Katherine Zarich

CIBA Foundation’s Annual Fundraising Campaign

“The CIBA Foundation, through its grant program, strives to provide financial and other resources to partner organizations that support its goal of promoting the benefits of safe cycling to the community.”

Our mission statement defines what we do. You make it possible.

Please consider donating to our mission during this giving season. During 2018, we gave more than $40,000 to 18 worthwhile grant requests, all of which serve the cycling community. Your generosity can help us do that again next year and into the future.

Giving online is simple and secure at cibafoundation.org or use the donation form included in this newsletter to mail your check. Thank you and have a wonderful holiday season. (Pssst! Also, watch for our new web site, coming soon.)

CIBA Foundation

Next Board Meeting

Monday, November 19, 2018

Time: 6:30 pm - 8:30 pm

American College of Sports Medicine
401 W Michigan St, Indianapolis 46202

CIBA Officers, Board Members and Pillars
NOTE: No Board Meeting in December

Saturday, January 5, 2019

Incoming/Outgoing Planning Meeting

2019 CIBA Winter Swap Meet

February 2, 2019

Hamilton County 4-H Fairgrounds,
2003 Pleasant Street, Noblesville, IN

Want to volunteer for the swap meet or participate in planning? Contact Jay Hardcastle - thinktandem@gmail.com - 317-414-4359.
How to Submit Your Photos

2018 Hilly Hundred Photo Contest

1. All registered riders and volunteers are eligible to submit photos.

2. Entries must be submitted by sending them as e-mail attachments to this e-mail address: hillyhundredphotocontest@gmail.com by November 30, 2018.

You may send up to three (3) photos to this e-mail address, indicating your name, and home address in the body of the e-mail. We must be able to find your name, home address and the e-mail address used to send the photos in your original 2018 Hilly registration. This information will be used to verify that you were a Hilly participant or volunteer. We will use this e-mail address to notify you if your photo is selected as one of the top ten photographs. The Hilly Hundred is not responsible if we are unable to notify you by the e-mail address used with the 2018 Hilly Hundred Photo Contest photo submission. You may enter a description of each photo if you like. The flickr website is no longer used to submit photos. It will only be used to display photos after they have been submitted to us as described here.

3. Entries must be submitted by the original photographer. Do not submit a photo taken by someone other than yourself. You must be the sole owner of the copyright of any image submitted. Your submission of the photo and entry form is your guarantee that you are the author and copyright holder of the photo.

4. No identification may appear on the image.

5. All submissions must be made from images recorded during the 2018 Hilly Hundred Weekend and must be associated with the Hilly and its surrounding events.

6. Each entrant may submit up to three (3) images. Submission of more than three (3) images will disqualify all entries.

7. Prizes: 1st - $100 cash; 2nd - $75 gift certificate; 3rd - $50 gift certificate; 4th - $40 gift certificate; 5th - $30 gift certificates; Honorable mentions 6-10 will receive a $20 gift certificate. All gift certificates are redeemable for Hilly merchandise on-site at the 2019 Hilly Hundred.

8. Judging will be conducted by the Hilly Hundred Photo Contest Director and assistants. Ties will be broken by the Hilly Hundred Managing Director.

9. The winning photographers will be notified next February. Their photos will be published in the March 2019 issue of the CIBANEWS, will be displayed at the next year’s Hilly Hundred Weekend and at other appropriate locations including the CIBA website www.cibaride.org, and the Hilly Hundred Photo Contest winners web page.

10. By entering the Contest, all entrants grant an irrevocable perpetual non-exclusive license to the Central Indiana Bicycling Association, to reproduce, distribute, display and create derivative works of the entries in connection with the Contest, CIBA, and the Hilly Hundred Weekend in any media now or hereafter known.
Making bicycling safe and enjoyable for everyone!

**Annual Fundraising Campaign**

Promoting the benefits of safe cycling

The Foundation’s Board of Directors carefully reviews grant requests to ensure that they not only meet our guidelines, but the recipients are also capable of delivering on their stated goals.

**Grants Disbursed 2018**

- Broad Ripple Riverwalk Promenade
- City of Fort Wayne
- Columbus Bicycle Co-Op
- Cycling Without Age (two grants)
- Freetoile Community Bikes
- Hayes Arboretum
- Heritage Christian School
- Horizon House
- I.U. Emergency Medicine Advocacy Group
- IFS #56 PTA
- Indy Critérium
- Noblesville Parks Foundation
- Pedal & Park
- Recycled Cycles
- Wayne County Cardinal Greenway
- Midwest Criterium
- Ninet13 Sports
- Total Cash Awards and Grants $40,650.00

**Board of Directors**

Debbie Beaudin, Treas.
Karen Bohm
Brad Bolling, Assoc.
Randy Clark
John Cook
Dolly Caff, Pres.
Jennifer Cvar
Jerry Halperin
Irwin Prince, Hon.
Carole Terry
Warren Smock, Hon.
Tom McCain, Sec.
Rich Moeller
Andrew O’Donnell
Jerry Simon
Irwin Prince, Hon.
Tom McCann, Sec.
Rich Moeller
Andrew O’Donnell
Jerry Simon
Carole Terry

CIBA Foundation, Inc.
711 Kessler Boulevard West Drive
Indianapolis, Indiana 46228

CIBA Foundation, Inc.
The CIBA Foundation, through its grant program, strives to provide financial and other resources to partner organizations that support its goal of promoting the benefits of safe bicycling to the community. The Foundation annually gives in excess of $30,000 to recipients throughout Indiana.

The CIBA Foundation is the charitable arm of the Central Indiana Bicycling Association, and since its inception, it has disbursed more than $487,669 in 321 different grants to a broad spectrum of cycling-related projects and activities.

The Foundation receives donations from the entry fees of the Hilly Hundred and NITE Ride, as well as from individuals and businesses that support its mission.

Our Annual Campaign will:
1) Allow us to fund 100% of vetted grant proposals.
2) Provide concerned donors with a way to know their dollars are effectively used to promote safe bicycling.

It is our hope you will consider making a gift to the Foundation so it can continue to help organizations working to promote the benefits of safe bicycling.

Our Annual Campaign will:
1) Allow us to fund 100% of vetted grant proposals.
2) Provide concerned donors with a way to know their dollars are effectively used to promote safe bicycling.

Contribution to CIBA Foundation is deductible according to your IRS tax guidelines.

To donate:
Please complete the form below. Please print.

Name(s):  ____________________________________________________________________________
Address:  ____________________________________________________________________________
City: ______________________  State: __________  Zip: _______  Phone: ______________  Email: ___________________________________________

* Yes, please list my donation in the Foundation’s recognition materials as printed below.
* No, I wish to remain anonymous.
________________________________________________________________________________
Signed: ______________________________________________   Date:  _________________________
Board and Officer Job Descriptions

Board Member:

The board members (directors) shall decide the policy of the Association within the guidelines of the Purpose of the Association as stated in the Articles of Incorporation. They shall give such instructions to the officers as may be necessary to carry out such policy. Board members serve on an Executive Committee.

President:

The president is responsible for the overall administration and promotion of the CIBA mission and goals. The president shall be a member of all committees, shall supervise all activities of CIBA, and shall have the responsibility to call meetings, appoint operating committees, and delegate responsibilities as necessary to achieve the CIBA mission. The president:

1. Establishes committees and appoints committee chairpersons.
2. Is responsible for ensuring that key club functions are carried out.
3. Calls meetings of the board and committee chairs.
4. Makes arrangements for locations for meetings for the upcoming year.
5. Establishes the agenda and conducts board meetings.

Vice-President:

The Vice-President shall assist and stand in the place of the President as may be necessary.

1. Fulfill the duties of the president in his/her absence.
2. Upon recommendation of the board or president, update the Officers Manual yearly and submit it for approval at the November board meeting.

Secretary:

The secretary records decisions and major discussions of the CIBA board meetings to include in the minutes of the meeting. He/she serves on the CIBA board. The secretary is responsible for proper conduct of CIBA correspondence and maintenance of its records as assigned by the president or vice president. The secretary may assist in agenda development. He/she records minutes of board meetings and gains approval of the minutes for the most recent meeting.

The secretary records the events of the annual meeting, writes minutes of the annual meeting, and prepares them for approval at the following year’s annual meeting. The secretary maintains a current list of contact information for officers, board members, and committee chairs. He/she files annual reports to external authorities as assigned by the president or vice president, or decision of the board. According to the by-laws, the secretary files a yearly report to the Secretary of State of the State of Indiana.

Treasurer:

The treasurer serves on the CIBA board. The treasurer ensures proper handling of finances and financial records of CIBA. He/she monitors expenses and revenues and issues payments. The treasurer prepares and presents financial reports at each board meeting. He/she maintains and reconciles all CIBA accounts including accounts for the Hilly Hundred and NITE Ride. The treasurer arranges external reviews of finances as assigned by the president, vice president, or board decision. The treasurer ensures the non-profit status of CIBA. He/she prepares federal and state tax returns and related documents.
This year’s elections will conclude at the Annual CIBA Pitch-in Dinner and Elections on Saturday, November 10, 2017 at First Congregational Church, 7171 N Pennsylvania St, Indianapolis, IN 46240.

CIBA Officers up for elections include: President, Vice President, Secretary and Treasurer. Officer terms are for one year. There are five openings for the CIBA Board of Directors. One is for a one-year term, one is for a two-year term and three are for three-years.

This year’s nominating committee (Tim Diemer, (ttdiem@outlook.com) Jay Hardcastle, (thinktandem@gmail.com) and Patrik Madaras, pmadaras@iupui.edu) have compiled a list of officer and board candidates for 2019. Please contact one of the nominating committee if you are interested in an officer or board position.

The mail-in ballot is included at the end of this issue of CIBANEWS. Online voting will open no later than November 1. Paper ballots will also be available at the Annual Pitch-in Dinner and Elections for those who wish to review the latest slate of candidates before voting.

Katie Feltman – Candidate for President

Education: Bachelor of Arts, Hanover College

Professional Background: As the Chief Content Officer at the American College of Sports Medicine, I am a senior leader with responsibilities for the operations and oversight of several key departments that touch all major organizational efforts as they relate to content: marketing, communications, educational efforts, and the book and scholarly journal programs within the College. I am on our internal committee working towards our silver Bicycle Friendly Business designation - we earned our bronze designation in 2016.

Bicycling Interests: My favorite bicycling activities are riding with friends and family, CIBA weekend rides and other social rides, commuting, and taking my road bike out for long rides on quiet country roads. I love the Hilly! I like seeing unique places that are otherwise inaccessible except when on a bicycle.

Other Interests: I have two rescued Great Pyrenees and 1 rescued cat and love spending time with friends and family, communing with nature, traveling, and staying physically active walking my dogs, hiking, and working out with my group training group at the gym.

Why would you like to serve on the Central Indiana Bicycling Association Board of Directors or as an Officer? I’ve spent the last 3 years serving CIBA first as a board member, then as Vice President, then stepping into the role of President this year. I am honored to be presented again with the opportunity to be a candidate for President for CIBA.

Our cycling environment is changing, and CIBA needs to continue to work to change along with it. That includes expanding our ride opportunities so we are serving the needs of novice cyclists as well as those who are seasoned cyclists out riding for fitness and performance. I believe part of this must be a focus on the culture within the club. I have made friends, been mentored and generally cannot catalog all the ways in which the club has supported me and enriched my life, however I still see individuals riding alone during our repeating and weekend rides because they have been dropped. CIBA at its core is a cycling community – a subset of the larger central Indiana cycling community, and part of my intention in my role this year as well as next year should you elect me is to zero in on that culture.

The other areas where we can continue to grow and evolve to meet the needs of members and the public at large as CIBA looks at the priorities of the organization. I see opportunities for CIBA to:

1. Continue the focus on serving the current and future CIBA membership and evolve as the membership evolves, and how we can help all people in central Indiana - seasoned or novice cyclists, mountain bikers, road cyclists, tandem riders, commuters – feel empowered to get out on a bicycle through a variety of opportunities.

2. Progress the work being done on organizational improvements and governance. I would like to see CIBA remain committed to the work we are doing that includes transforming how the board and committees do their work, make better use of technology for the board, volunteers and members, and improve how we engage and communicate with current and future members and volunteers whether it’s event planning, attendance or volunteer opportunities.

3. Take showing appreciation for our volunteers to the next level. CIBA would not be CIBA without the volunteers that make everything from weekend rides to the Hilly happen. Education – a major key in making the roads safer for cyclists I believe is educating cyclists. I hope to be able to drive more opportunities in this area in 2019.

I have a strong passion for physical activity and biking that intersects in my day job, personal interests and work on the CIBA board and I hope to be able to continue that work into 2019 as President of CIBA.
Martha Hall –
Candidate for Secretary

Education: B.S. Elementary Education, J.D., M.S. Elementary Education

Professional Background: Retired Elementary and Special Education Teacher (30 years)

Bicycling Interests: Touring cycling, GT Rides, Ghost Bike projects for Bicycle Indiana, completed riding in 92 counties in Indiana, goal to ride in all 50 states

Other Interests: Reading, traveling, gardening, and Rail-Trail committee

Why would you like to serve on the Central Indiana Bicycling Association Board of Directors or as an Officer? As a CIBA member for 25 years and volunteering in many ways for CIBA (NITE RIDE Board, Hilly Board, GT ride chair, leading rides, Pedal ’n Park, etc.) I would like to continue as secretary to help support our club and improve the continuity of the board membership. I want to see CIBA fulfill its mission as a viable cycling organization. Only the members can make that happen by volunteering the needed skills which they possess for our club projects and rides.

Catherine Dusing –
Candidate for Treasurer

Education: Graduated from Tech High School in 1947

Professional Background: I worked at a number of places over the years, the last one was at Miller-Eads Co. Inc. in 1989 as Office Manager, Accountant and bookkeeper and any other position needed in a small office.

I have my own tax business in my home for over 50 years.

Bicycling Interests: Have bicycled for many years and finally retired as an active cyclist three years ago due to health problems. (Broke my back 3 times.) I helped start CIBA and have served in many positions over the years. I am now an Honorary Member and Honorary Life Board Member.

Other Interests: Doing sewing and embroidery projects now that I am no longer riding my bicycle.

Why would you like to serve on the Central Indiana Bicycling Association Board of Directors or as an Officer? Would like to serve as Treasurer. My previous jobs and taxes have given me information and help in this field.

We are sorry we lost our last treasurer as he lost his job and found one in another state. This is why I am running to complete what he started and hope to continue.
2019 CIBA Board of Director Candidates

Sheldon Hall – Candidate for Board

Education: B.S. Biology, M.S. School Administration
Professional Background: Retired Biology and Genetics Teacher (35.5 years)

Bicycling Interests: Touring cycling, GT Rides, Bicycle safety and maintenance, Tandem bicycles

Other Interests: Traveling, rowing, science, Rail-Trail committee, and automobiles

Why would you like to serve on the Central Indiana Bicycling Association Board of Directors or as an Officer? Having been a member of CIBA for 30 years, I want to see the club continue to offer a variety of rides for members and improve cycling safety. My experiences volunteering with CIBA through leading rides, being on the boards of both the NITE RIDE and the Hilly, participating in the Swap Meet, chairing the GT rides, and filling the role of Phone Chair (back in the day) have connected me to many CIBA members and will provide a breadth of knowledge to the board. Serving this past year on the board, I believe CIBA has an important role to fill in the central Indiana cycling community.

Holly Phanco – Candidate for Board

Education: High School Graduate / Some College (did not finish due to health) Pre-Med: Biology concentration (went blind in right eye Jr year of undergrad)

Professional Background: Tax Analyst for Department of Revenue, State of Indiana

Bicycling Interests: I have been cycling for many years and started road cycling with CIBA late spring of 2017. I would love to follow the n+1 rule towards bike ownership however, due to limited space and other hobbies competing for the same space I am limited to my road bike and a hybrid. When I do plan accordingly I do commute to and from work. The commuting does hinder on not conflicting with a weekly ride and it not being hot and humid out.

Other Interests: I have a slew of other interests. I am a cosplayer; I dress up in costumes for conventions. When I am not reading, working puzzles or kayaking with my husband and two dogs; I am in my sewing room working on new costumes. The genre of costume my husband and I usually construct/build together are Star Wars costumes. We have also worn/created Clark & Ellen Griswold from Christmas Vacation, and Blueberry Muffin & The Purple Pie man. I also make dog clothes for my little dog. I am a die-hard Star Wars fan. I’ve watched the movies multiple times and do costume changes while watching the Original trilogy. I also read the Star Wars novels.

Why would you like to serve on the Central Indiana Bicycling Association Board of Directors or as an Officer? Prior to living here in Indiana, I was strictly a solo cyclist. I was not aware of cycling clubs in Illinois, California or South Dakota, though I did not actively seek any out. Since joining CIBA, group riding has taught me a lot: how to climb hills correctly, road safety and how to paceline. The best thing: a ride does not have to be BORING! I have met so many new and interesting people.

If anyone reads the newsletter, which I hope we all do: I was the cyclist that had not ridden a century prior to the RAIN trainer ride.

I still have much more to learn. Each day is a new opportunity to learn. I hope I am given the opportunity to learn about our club from the inside too. I have thoroughly enjoyed each volunteer assignment I have committed to. These were just opportunities to talk up CIBA! As passionate as I am about CIBA, I look forward to the opportunity to impart my passion on new and potential members.

Hopefully we can dispel the negative outlook we have towards the cyclist that isn’t aware they are not actively following the rules, thus making the rest of us look bad to others. Look at the negative as a teaching opportunity. As I recently learned in a work training session: the negative cyclist may be self-taught or have learned the negative behavior from a mentor several years prior; as the “proper method” not knowing this is no longer the correct methodology for safely cycling. The adage “you cannot teach an old dog new tricks” needs to be thrown out the window. Anyone is teachable, if there is a teachable moment.

Leslie Powell – Candidate for Board

Education: B.S. Education
Professional Background: Teaching for over 22 years in Indianapolis area.

Bicycling Interests: Cycling since 2010 with CIBA rides. We have enjoyed riding all over central Indiana. Like to do more mountain biking as well. Took my 5th grade students to ride on the Velodrome as a field trip for several years. Ride leader for several years for the Wall Ride. Started a beginners ride this year to assist people to gain confidence on the bike.

Other Interests: Snow skiing and indoor spin cycling classes.

Why would you like to serve on the Central Indiana Bicycling Association Board of Directors or as an Officer? I would like to offer my experience as a cyclist to the club to benefit all the new people that we can assist with starting to bike and keeping the biking experience positive.
2019 CIBA Board of Director Candidates

Alan Rainey – Candidate for Board

Education: Bachelor of Science in Environmental Design Ball State University, Bachelor of Architecture Ball State University

Professional Background: Architect, Program Manager, Pedal and Park

Bicycling Interests: Road, Commuting, Touring

Other Interests: History

Why would you like to serve on the Central Indiana Bicycling Association Board of Directors or as an Officer: I wish to continue to serve the club on the board in addition to being a member of various committees and holding responsibilities as I have in the past.

Jyoti Verderame – Candidate for Board

Education: MS Chemistry, BS Math, MA US History

Professional Background: R&D Chemist at Boehringer Mannheim for 3 years; small business owner (restaurant)

Bicycling Interests: repeating long rider, overseas touring rider (I rode from Berlin to Prague last summer)

Other Interests: Running, swimming, reading, continuing education, baking, playing piano, constructing puzzles

Why would you like to serve on the Central Indiana Bicycling Association Board of Directors or as an Officer? As a CIBA board member I’d like to encourage current members to volunteer more of their time. With busy schedules we all have difficulty carving out time to cycle, but we do manage one way or the other. I’d like to determine what will incentivize people to replace cycling time with volunteering at Pedal & Park events, helmet fitting opportunities, road marking, hosting rides, or rider education meetings.

I’d also like to see if we can find members to form a lobby group. Could we then go to our state government and lobby for funds to build more trails? Could we get more bike lanes on the roads? Is it possible to promote awareness of cyclists on the road to drivers through government advertisements?

Another item of interest to me is membership. How do we encourage more people to join CIBA? Perhaps we can ask CIBA members to go to area schools to educate children about cycling with the hope that the children will spread the work about our organization and encourage membership.

We also need to educate our current female CIBA members about bicycle maintenance. I watched a YouTube video to learn how to change my flat tire. Why can’t we have a demonstration events like this the women? Some women may not ride as much as they’d like for feat of not knowing this basic skill. This may be one way to stimulate more ladies to ride, and ride confidently. (I also know a few men who still can’t change a flat so they should an opportunity to learn this skill too.)

Marc Walter – Candidate for Board

Education: BS: Chemistry East Carolina University; MS: Analytical Chemistry Purdue

Professional Background: Business Analyst (IT) for Covance/LabCorp (20 years).

Bicycling Interests: I started seriously riding 4 years ago and have ridden over 24000 miles since then, many of them CIBA sponsored. I’ve volunteered at many CIBA activities in the last 4 years - Hilly, Swap Meet, N.I.T.E Ride, Club Rides Chairperson and ran the Memorial Last Chance ride May 30th. I’ve taken advantage of the rides, people and programs offered by CIBA to make this one of my core activities.

Other Interests: singing, community band (French horn)

Why would you like to serve on the Central Indiana Bicycling Association Board of Directors or as an Officer: I’d like to make sure that the organization continues to provide safe and well run rides and events for the riders of central Indiana.

Board voting instructions:

Vote for FIVE: The three individuals receiving the highest number of votes will be elected to three year terms. The person receiving the fourth highest number of votes will be elected to a two year term and the fifth highest number of votes will be elected to a one year term.
Proposed Amendments to the Central Indiana Bicycle Association By-Laws

CIBA’s Executive Committee approved proposed amendments to the By-Laws at the October 15, 2018 board meeting. Amendments are proposed to Article IV Executive Committee to clarify meeting participation, voting by Honorary Life Board Members and parliamentary procedure. A new article V is proposed to address removal from Executive Committee with renumbering of subsequent articles. The statement “Honorary Life Board Members do not have voting rights” was removed as the original intent was in regards to Executive Committee meetings.

These amendments will be presented for approval by a 2/3rd majority vote of the membership at the January Annual Meeting. The text of the revised By-Laws is provided below for the membership to review prior to the meeting.

Central Indiana Bicycling Association, Inc.
Proposed Amended By-Laws

ARTICLE I. MEMBERSHIP

Membership shall be open to all. A yearly membership fee shall be charged. The Association shall have three classes of memberships: individual members, family members, and business members. Individuals shall join as individuals. Family memberships shall be available to the members of an immediate family.

ARTICLE II. DIRECTORS

The Association shall be governed by a Board consisting of nine Directors. Each Director shall serve for three years, and shall serve staggered terms, so that three Directors are elected to the Board each year. Directors must be Association members in good standing.

The Directors shall decide the policy of the Association within the guidelines of the Purpose of the Association as stated in the Articles of Incorporation. They shall give such instructions to the Officers as may be necessary to carry out such policy.

The Association shall have Honorary Life Board Members. An Honorary Life Board Member must be a CIBA member in good standing for at least 20 years and must have served CIBA in the capacity as a board member, officer, committee chair, Director of the Hilly Hundred, or Director of the N.I.T.E. Ride. Honorary Life Board Members must be selected by majority vote of the nominating committee for a life term. Honorary Life Board Member nominees must accept the nomination to be an Honorary Life Board Member prior to a ballot being distributed for election in November, and provide a suitable biography for publication. In addition, Nominees for Honorary Life Board Member must receive at least two-thirds of the votes cast in the general membership election.

ARTICLE III. OFFICERS

The President, Vice-President, Secretary, and Treasurer of the Association shall be elected annually, and may succeed themselves. Officers must be Association members in good standing.

The President shall be a member of all committees, shall supervise all activities of the Association, and shall have the responsibility to call meetings, appoint operating committees, and delegate responsibilities as necessary to achieve the ends of the Association.

The Vice-President shall assist and stand in the place of the President as may be necessary.

The Secretary is responsible for the proper conduct of the Association’s correspondence and maintenance of its records. The Secretary is also responsible for the filing of an annual report of the Association’s activities with the Indiana Secretary of State.

The Treasurer is responsible for the proper handling of the finances and financial records of the Association, and has responsibility to assure that the Association does not charge participants in its activities more than enough to defray the expenses of the Association.

All Officers shall serve on the Executive Committee when called by the President.
Proposed Amendments to the Central Indiana Bicycle Association By-Laws (continued)

ARTICLE IV. EXECUTIVE COMMITTEE

The Executive Committee shall be composed of the Officers, the Directors, and such committee chairs as may be invited by the President to be present to discuss the business of their committees. The Executive Committee shall meet on call of the President and shall be responsible for carrying out the regular business of the Association, other than such business as is properly carried out by the Officers or by operating committees. A member of the Executive Committee may participate in meetings by means of conference telephone or similar communications equipment by means of which all persons participating in the meeting can hear each other. Participation in a meeting pursuant to this method constitutes presence in person at the meeting. Only the Officers and Directors may vote in meetings of the Executive Committee. Honorary Life Board Members may acquire Executive Committee voting privileges if elected to an Officer or Director Position after obtaining Honorary Life Board Member status. Such voting privileges shall only be in effect while the Honorary Life Board Member holds the elected office.

The current edition of Roberts’ Rules of Order shall be the final authority in all questions of parliamentary procedures.

Article V. REMOVAL FROM EXECUTIVE COMMITTEE

Any member of the Executive Committee may be removed by 2/3 vote of the Committee at any Executive Committee meeting at which a quorum is present. The reasons for removal must be communicated to the individual prior to the Executive Committee vote and the opportunity provided for the affected Executive Committee member to discuss the reasons before the Executive Committee. Reasons for removal would include any legal or unethical actions on the part of the individual that would impact the Club, or the failure to perform the duties of the position.

ARTICLE VI. GENERAL MEETINGS

General meetings of the membership shall be held at least once each year.

ARTICLE VII. ELECTIONS

Both officers and directors shall be elected by direct vote of the membership. Voting may be conducted by mail and/or any other means deemed appropriate by a majority of the Officers and Directors of the Association. Individual, family, and business memberships have the same rights and privileges, except for voting rights. Individual members have one vote each in elections. Family memberships have two votes per family in elections. Business members do not have voting rights in elections. Votes may not be cumulated.

The office of any officer or director which may become vacant shall be filled by an appointment of the Executive Committee effective until the next election. If determined as necessary by the Officers and Directors of the Association, a special election may be held to elect Honorary Lifetime Board Members.

ARTICLE VIII, AMENDMENT PROCEDURE

Amendments to these By-Laws must be presented to and approved by a two-thirds majority of the Executive Committee. Proposed amendments shall then be presented in writing to the membership at least 30 days prior to the General Meeting. Amendments will be adopted upon approval by two-thirds of the members present at the General Meeting.

The current amended version of the By-Laws can be found at cibaride.org by going to the top blue banner under CIBA/CIBA By-Laws.
Do You Know What Elephant Tracks Are?

By Ian Seecof, Safety/Education

How about puppy tracks, platoons, control & release, SPUI, or maybe a stale-green light? An ‘experienced’ cyclist should be able to rattle-off definitions to all of these terms more quickly than triggering a loop detector. Ahh shucks, who needs to take a safety class? Certainly, not you. You don’t need to know this stuff to ride your bike! BREAKING NEWS…..between the corn and soy beans, you mainly need to stay right of the centerline; but if you plan to drive your bicycle in urban environments or foreign destinations – you better go back to school. Actually, for many cyclists, chances are great that the highest grade attained was parental instruction followed by the school of hard-knocks.

For those of you who think skills-drills are for namby-pamby, cruiser-types, are you aware that 44% of bicycle crashes only involve ONE bicycle? Let us add insult to injury – 17% of crashes also involve other cyclists. WOW, that means 2/3 of crashing bicyclists do not even require the involvement of motorists! Yes, my experienced cyclist-friends, only 18% of bicycling crashes include moving motor vehicles. From these statistics, I would recommend that if you eventually realize the importance of cycling-safety sessions and skills-drills, you should also bring along a few friends. You can tell them that 33% of crashes involving motor vehicles include law violations, 45% of cyclists were facing traffic, and an additional percentage included ‘edge behavior’….Woo there partner, what does that fancy terminology mean? If you talk about a Right Hook or a Left Cross, I catch your drift; but what is edge behavior, for that matter, what is a drive out, strike zone, stagger zone, or buzz zone?

When you left the bike shop with your $7.500 carbon, 12 speed, electronic-shifting, artistic creation with hydraulic disc brakes and Zipp wheels, I doubt you gave much thought to not only driving within the law, but also driving defen- sively! Your bicycle did not come with instructions of how to control and release overtaking traffic, negotiate roundabouts, be predictable, or even tell you why green paint is used in some mixing zones. I’ll bet there were no explanations of diamond interchanges, cloverleafs, diverging diamond interchanges, or single point urban interchanges (SPUI). Now there is a fun word-SPUI! Not so much fun if you get caught in one and don’t know how to handle it.

Hey, experienced cyclists know how to shine their headlight on a video camera traffic detector that does not recognize their presence, right? Everyone knows what sharrows and bike lanes are, but do you understand the differences between shared-use paths, side paths, and cycle tracks? Do you know the proper mechanics of bike boxes and when to use them? If you are up to speed on all of this data, then you have probably taken a Cycling Savvy course and feel very comfortable driving your bicycle in traffic, even through challenging roadway configurations. Most cyclists know what a peloton is and have participated in the art of wheel-sucking, at least for a few miles before getting dropped; but do you understand the concept of ‘platoons’ and how to utilize them? If much of this terminology is a foreign language to you, it is time for you to go back to school.

Cheryl and I recently attended a Cycling Savvy course in Saint Louis and it was fun and exciting! We were delighted with the 3-hour block of color videos explaining many aspects of cycling in traffic. The Train Your Bike parking lot drills were fun, even in the cold weather. These are essential skills and should be repeated from time to time to remain proficient. It is a rare moment when I stumble and tumble from my bike, but I broke my concentration for a moment during one of the cornering exercises. Yes, it was embarrassing, but keep in mind that most crashes occur during a momentary lack of attention. Glad I landed in the grass at very slow speed. Saint Louis is a much different city than either Indy or St. Pete and has many multi-lane streets with complex traffic flow and moderate off-peak levels of vehicle density. “The tour of your city” defined each of the on-bike challenges before we executed them. We had watched a video presentation on Friday evening and Saturday afternoon we stopped at each location for Gerry to roll-out a 6’ x 3’ Tyvek depiction of the strategy to be used before we negotiated the various lanes to reach our destination. Each location rendered a unique situation to be mastered and they were linked together with a scenic stretch between them. Of course, no scenic route is complete without some challenging hills over great road surface.

We had lunch at a brewhouse across the street from Gerry’s Ferguson Bike Shop, where his son was ‘wrenching’ and tending to customers. At some point my brain kicked-in to gear and I realized we would be riding in the Ferguson, made infamous by rioting/looting/burning after the shooting of Michael Brown on Aug 9, 2014. The burned-out buildings have been rebuilt and the suburb of Saint Louis is a really lovely place to ride. The community has rallied together and become closer than before the shooting. Gerry gifted us a delightful book entitled, Painting for Peace in Ferguson by Carol Swartout Klein. The story relates to the artists who descended on Florissant Rd. and painted all the shop windows in an act of solidarity.

For the past few years, response to CIBA safety classes has been sporadic, although there was greater interest in the paceline training this year. Next April I plan to roll-out a new and comprehensive safety program through Cycling Savvy rather than repeating previous LAB programs. Although I have been a League Certified Instructor (LCI) with The League of American Bicyclists (LAB) for several years, I am inspired by Cycling Savvy’s more interesting and better prepared program. In February I plan to attend a Cycling Savvy workshop in Orlando to become a certified instructor (CSI). I am looking forward to seeing lots of CIBA members next spring.

Be safe and keep following those Rules Of The Road.
2018 Incentives

Incentives Program Logs Due by November 15th

It’s time to submit logs and applications for 2017-2018 incentives points.

The incentives program is a benefit to CIBA members that awards incentive points that can be used to purchase merchandise from the CIBA Store. The 2018 incentives program runs from November 1, 2017 through October 31, 2018. It recognizes our valuable volunteers who help to organize and lead the rides on the CIBA calendar, volunteer at CIBA events and implement the everyday management and running of the organization. It also encourages CIBA members to participate by cycling on the many rides that CIBA hosts and to advocate for cycling by commuting by bicycle. Since the incentive is to encourage CIBA members to participate in CIBA rides, mileage is weighted for cycling on CIBA calendar rides.

Incentives logs are accessed by logging into cibaride.org and selecting Members/Incentives. Instructions and application forms are accessed by logging into cibaride.org and selecting Members/Incentives/2018 Incentives. After receipt and verification of your data and information, your CIBA profile email will be used to confirm your incentives points. Please make sure your profile is current!

♦ All logs, application forms and contact information must be received by November 15, 2018.

Following are the 2018 incentives and points that are available and how to receive your points.

Volunteer Participation: 1 point for each 4 CIBA volunteer hours logged.

Points are available for volunteer activities other than leading rides as the responsible ride leader or road captain or mentoring. Ride leader activity hours should not be logged on the volunteer log. Volunteer activities may include the following: work at a SAG stop; chair or serve on a committee/task force; work at CIBA sponsored Pedal & Park; represent CIBA at our tent/table at various events; work at the swap meet; serve as an officer or board member; serve as a CIBA representative to another organization (e.g. CIBA Foundation, Mayor’s task force, etc.); contribute to the newsletter other than ride reports (these are part of the ride leader responsibilities); head up a CIBA fee-ride or committee associated with a CIBA fee-ride; volunteer for a CIBA fee-ride; maintain CIBA website or social media sites.

Log volunteer hours using the Volunteer Hours Log on the main Incentives page or a comparable log. Please be specific as possible in describing the activities including the committee or activity for each date or range of dates.

The preferred submission process is to email your typed log (with your name noted at the top of the log please) to incentives@cibaride.org. Include your name and phone number(s) in the body of the email in case of questions. If you submit a handwritten log, please be sure it is legible. If an entry is not legible it may not be counted. Logs and requested contact information must be received no later than November 15, 2018.

Ride Mentor: 5 points for each mentoring instance

Did you serve as a mentor for new riders or someone new to a CIBA calendar ride? Send an email to incentives@cibaride.org with your name and phone number in the body of the email. You may either list the ride name(s) and date(s) for each ride that you mentored in the body of the email or in an attached log. Requested information must be received no later than November 15, 2018.

Non-Repeating Ride Leader:

Below are the available points for non-repeating rides. The ride leader(s) can designate how to split the points or if all points should go to a single person. If points are split with another person(s), the hours that person spent assisting with the ride should not be listed on a volunteer hours log. Each ride leader should submit an application. If a weekend/holiday fully sagged ride is repeated within a 30-day period, the second ride counts as a limited support ride. Points are awarded if a ride must be cancelled due to inclement weather and cannot be rescheduled. Email your completed application form to incentives@cibaride.org with your name and phone number in the body of the email by November 15, 2018.

Weekend/Holiday fully sagged ride = 40 points
Weekend/Holiday limited support ride = 10 points
Grand touring ride = 10 points
Dinner or lunch ride = 10 points
Breakfast (nonrepeating ride) = 10 points
Camping ride = 10 points
Randonneuring ride = 20 points
Hoots ride = 10 points
Mountain bike (nonrepeating) = 10 points
Other = 10 points

Repeating Ride Leader

Points are available for leading repeating or recurring rides posted to the CIBA Repeating Ride Calendar. These rides may occur on multiple days of the week over several weeks and may have multiple ride leaders to ensure that a responsible ride leader is present for each scheduled ride date. Most repeating ride routes are marked by Dan Henrys. Typically only 1 or 2 individuals are responsible for the initial setup and marking of the ride. Initial setup points may be split between ride leaders or designated to a single person. Points may be split for dates served as a main ride leader. A repeating ride may have designated road or ride captain(s) responsible for leading a speed group for a particular group,...
2018 Incentives

ride date and/or route. Email your completed application form to incentives@cibaride.org with your name and phone number in the body of the email by November 15, 2018.

Repeated ride marking/setup = 10 points
Dates as main ride leader = 2 points
Dates as road captain = 1 point

Cycling Mileage Participation: CIBA Miles OR Number of CIBA Rides – Maximum of 50 points.

For those who ride lots of CIBA miles, points for total mileage are awarded on no more than double your CIBA miles. CIBA miles must be cycled on rides listed on the CIBA calendar. Mileage for rides not listed on the CIBA calendar count towards total mileage. Cyclists who ride shorter distances on CIBA rides may opt to count the number of CIBA Calendar rides that have been completed during the riding season.

For total mileage: 1 point is available for each 100 miles starting at 1,000 miles (minimum) up to 5,000 miles cycled. For example, if you cycled a total of 5000 miles, but only 2000 were CIBA miles, you would receive 40 points for 4000 miles. If you rode 6000 miles and 3000 were CIBA miles you would receive the maximum of 50 points.

For number of CIBA rides: 0.5 points are available for each CIBA calendar ride (minimum 20) up to 100 rides. For example, if you rode on 60 CIBA Calendar rides, you would receive 30 points.

Log your miles cycled using the CIBA Mileage log or comparable log that identifies the ride name/purpose and differentiates between CIBA, commuting, other miles and total miles. The preferred submission process is to email your typed log (with your name noted at the top of the log please) to incentives@cibaride.org. Include your name and phone number(s) in the body of the email in case of questions. If you submit a handwritten log, please be sure it is legible. If an entry is not legible it may not be counted. Logs and requested contact information must be received no later than November 15, 2018.

Cycling Commuting Participation: Miles Commuted OR Number of Round-trip Commutes – Maximum of 50 points.

Points are awarded for commuting miles or round trips cycled to rides, work, shopping, etc. instead of using a motor vehicle. Please note that miles ridden on CIBA repeating breakfast rides or other breakfast or dinner rides listed on the CIBA calendar count towards CIBA Mileage Participation, not commuting. 5 points are available for each 100 miles (100 miles minimum) commuted up to 1000 miles or 0.5 points are available for each round-trip commute (20 minimum commutes) up to 100 commutes.

Log your miles using the Mileage log or comparable log that identifies CIBA, commuting and other miles. If a commute is for a reason other than riding to a CIBA ride, i.e. work, shopping, etc., please specify the purpose of your commute in the Ride Name column of your log. The preferred submission process is to email your typed log (with your name noted at the top of the log please) to incentives@cibaride.org. Include your name and phone number(s) in the body of the email in case of questions. If you submit a handwritten log, please be sure it is legible. If an entry is not legible it may not be counted. Logs and requested contact information must be received no later than November 15, 2018.

Top CIBA Mileage

Top riders for miles cycled on club rides in the categories of Men, Women, Senior Men, Senior Women and Commuter will be recognized. You may be requested to provide your date of birth to confirm your correct category.

Pinnacle Incentive

This incentive recognizes cycling dedication and diversity and also honors service rendered to the club by its members. To earn this incentive, the member must accomplish certain tasks as outlined in the Pinnacle Incentive Application. There is no time limit for completion of the requirements (meaning, completion of the actions are completed among two years or more). The requirements for the Pinnacle Incentive can be found on the CIBA website under Pinnacle Incentive.

President’s Award

This award may be presented annually to one deserving CIBA member. The award is given to the member who has stepped up by going above and beyond the call of duty to serve and support CIBA. The individual is someone who has performed years of service or has contributed a major idea that has had a significant impact on the club. The award is not intended for current CIBA Board Members and/or Committee Chairs. Nominations come from CIBA members with the final award decision by the club president.
Central Indiana Bicycling Association
CIBA Board Meeting Minutes
Conference Room Velodrome
3649 Cold Spring Road, Indianapolis, Indiana
Monday, September 17, 2018

6:00 p.m. Social Hour
Absent: Dharmendra Khanolkar, Kevin Kearney, Sheldon and Martha Hall, Mark Bettinger.

6:31 p.m. Call to Order:
Katie Feltman called the meeting to order.

1. Secretary’s Report on behalf of Martha Hall
   ● Minutes for August 2018 were approved. The proposal for storage was discussed as described within a handout that accompanied the agenda. A task force is planning logistics of moving CIBA storage to the new location.

2. Financial Report
   ● Because of the recent resignation of the treasurer, Alan Rainey, Katherine Dusing, and Katie Feltman are acting as treasurer until such time as a new CIBA treasurer is elected. Accounts have been changed to their names in the interim. Alan is handling payments. A budget discussion is scheduled for the next CIBA board meeting. One item to consider is a review of credit-card servicing fees.

3. President’s Report - Katie Feltman
   ● Nebo Ridge bicycle shop will close. No buyer for the bicycle business has stepped forward. Associates of the former shop and Team Nebo Ridge are willing to continue collaboration on the yearly ride. Regarding the Nebo Ridge ride, a new emphasis on safety is recommended.
   ● CIBA is a sponsor for car-free day, Friday, September 21. Location is the commons area near city market. Is it useful to have a table, perhaps with Hilly 100 brochures? Does it matter? The effort last year showed little or no reaction to a CIBA presence.
   ● The CIBA operating budget will be discussed during the next meeting.

4. Vice President’s Report - Katie Feltman Patrik Madaras
   ● CIBA has received good press recently. The Indiana Department of Natural Resources linked to CIBA under the heading, Road Cycling Organizations & Clubs. The Indy Star posted an article on CIBA tandems at the blind school.
   ● Do we collect employment information from members? The information would be useful when recruiting volunteers

5. Updates from Nominating Committee Report - Katie Feltman
   Tim Diemer, Jay Hardcastle, and Pat Madaras
   ● On-line voting is ready to go.
   ● There are currently 4 potential candidates for board membership. Email invitations have been sent to all 4 along with a request for candidate information and picture. Two have not responded and one declined. A fourth candidate has accepted and has agreed to run for vice president rather than board member. He is the only VP candidate currently.
   ● There is a shortage of candidates for board openings and no candidates for the treasurer position.
   ● Candidate information is needed for the newsletter.
   ● Should we reach out to team Nebo Ridge members as possible candidates? Should we reach out to ride leaders? Yes and yes. Pat is willing to make phone calls to likely candidates.

6. To be discussed:
   ● It was proposed for discussion that monthly meetings are a burden to some CIBA members and potential officer candidates. Is one monthly meeting an over commitment of time for most members? Should we have fewer board meetings? Should we move the board meetings to Tuesdays?

7. Ride Pillar Report - Marc Walter:
   ● September was a good month for ride activity. The schedule showed weekend rides for every weekend in September, even if some rides were rained out.
   ● What is the policy on canceling rides? Best practice: Show up in all weather and make the decision in the parking lot, or cancel within 48 hours of start time. Volunteers [Marc?] will update the ride leader manual and publish policy on canceling rides.
   ● The proposal for grand-sport rides is under development.
   ● Candidates are needed for the Breakfast/Dinner Ride chair

8. Hilly Hundred Update - Katie Feltman on behalf of Mark Bettinger:
   ● There is dire need for volunteers at the rest stops
   ● Registrations at this point in cycle are down from last year.
   ● Board members should all help with promotion.
   ● CIBA needs 2,000 riders to break even. Registration were
below that on the date of the board meeting.

- Anecdotal evidence indicates that other clubs have declining ridership, too. The Apple Cider Century is an exception. It continues to draw large numbers of riders.

- Marketing of the Hilly 100 needs to improve. We were not up to speed this year on promotion.

- “Finish village” is improved this year with a podium for photo ops.

- Promotions at the event include gift cards for vendors and door prizes for the variety show.

9. **CIBA Foundation update** - Jerry Halperin:
   - Updates from CIBA Foundation were presented. A handout distributed during the meeting summarized the presentation.

10. **PR and Community Engagement** - Jay Haerdcastle
    - Marketing Plans were discussed. Large initiatives are planned for 2019.
    - There was a request to share success stories on Facebook. Keep dirty laundry out of sight. Avoid arguments on CIBA Facebook.
    - Hilly promotion will increase in 2019. One goal is 10,000 email promotions for the Hilly next year. Cooperation has been established with the League of Michigan Cyclists to promote the NITE Ride and Hilly Hundred. Additional promotions are planned to the extent allowed by available funds.

11. **Open Positions**
    - Risk Management Replacement for Pamela Hollick is needed. The job description is now available. Cheryl Sunman may have interest.

12. **NITE Ride Update**
    - The NITE Ride showed $10k of blue ink. Celebrate.

13. **Items for a later date**
    - Identification of 3-5 Core Areas of Strategic Focus for 2018 to address financial and other challenges and opportunities.
    - Gran Sport Rides.

8:00 — **Adjourn**:

**Submitted by Martha Hall**

Next Board Meeting
Monday, October 15, 2018
American College of Sports Medicine
401 W. Michigan Street, Indianapolis, IN

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**Grand Touring Rides**

*By Randy Schmucker (CIBA Grand Touring Ride Coordinator)*

The Grand Touring season is coming to an end sadly. There were plenty of rainy and cold days. But there were many good riding days too. Lots of ice cream, chili and other goodies were consumed. Good times were had by all even if there were a few challenges for the legs.

In November take a tour of the central Indiana greenways and enjoy a leisurely stroll around the Indianapolis area. There will be a stop at Scotty’s Brew Pub for refreshment or grab some cookies at the White River Gardens.

I would like to thank all of the 2018 Grand Touring ride leaders for leading their Grand Touring rides. Their efforts made for a lot of fun rides. A big thanks go out to: Kerry and Pam Knipp, Dave Hall, Jay Hardcastle and Randy and Connie Schmucker.

**Saturday, November 3 - Tour D’Greenways**

For more information on Grand Touring Riding go to www.rsdesign.info/grand_touring_rides.html. You can also get to this page by clicking on ‘Grand Touring’ on the front page of the CIBA website. This web page tracks the latest information on Grand Touring Rides.

The emphasis for Grand Touring rides is to have fun and to socialize. Try out a Grand Touring ride next year. See you on the road!
Ride Reports

email Ride Reports to cibanews@cibaride.org

Ride Name: Tour de Loops
Ride Start: Williams Park, Brownsburg, IN
Ride Date: September 1, 2018
Ride Leaders: John McShea & Marsha Buck
Number of Riders: 62

Normally on Labor Day Monday, this year’s Tour de Loops ride is a three loop ride with a central SAG at Williams Park. Ride lengths were twenty-six miles for the North loop, twenty-four miles for the West loop, and fourteen miles for the South loop. Ride day was warm and sunny with lots of watermelon, bananas, and cookies for the 62 signed-in riders. Riders commented on how well the roads were marked with the signature ooo- Dan Henry loops. The favorite loop was the West loop that traveled West-Southwest and down to Danville’s Sycamore Park and back. The North loop was named the fastest with many newly paved roads. The fourteen mile South loop is mostly on quite country back roads. There were no reported wrecks or calls to the SAG wagon. The central Sag closed at 12:45. Thanks to Marsh Buck for helping to mark the roads and Regina McShea who helped man the central SAG.

Ride Name: Danville Dandy
Ride Start: Fishback Academy
Ride Date: September 29, 2018
Ride Leader: Tim Dime
Number of Riders: 60+

Sixty riders signed in to join the Danville Dandy on a cool but pleasant early autumn morning. The size of the starting peloton looked larger. Observant riders offered estimates of the actual size as between 75 and 100 riders, suggesting that a number of riders joined, but did not sign in. CIBA welcomes members and non-members to its rides, but it is a problem for liability reasons when visitors join without signing the waiver sheet.

Pre-ride announcements included a reminder that the following weekend was Hilly Hundred and that registration was still open. Non-members were encouraged to support the club with a CIBA membership. The ride leader summarized the maps and cue sheets showing ride lengths of 55, 42, and 14 miles. Road surfaces were described as fair to good and a number of riders confirmed that generalization.

Two SAG stops, one in Danville served by the ride leader, and a second in Clermont served by Will Diemer, the ride leader’s brother, earned praise for the selection of snacks. Food was plentiful. SAG stops are a good opportunity for the ride leader to solicit feedback. The mood was friendly and the conversation lively. The overall impression was that the Danville Dandy was a good day on the bike for a large majority of riders.

The ride leader received no reports of spills or other mishaps. A large number of riders personally thanked the ride leader for offering the Danville Dandy. Leading a ride is a labor of love. Ride leaders are often passionate about cycling. They know that well organized rides are core to the CIBA mission. CIBA offers its rides with 100% volunteer labor. For a motivated ride leader, the expressions of gratitude and a strong turnout made the effort to stage the 2018 Danville Dandy worthwhile.

In addition to positive feedback offered by riders at the rest stops, posts to the CIBA Facebook page were generous in their praise. The Facebook posts were consistent with feedback offered at the SAGs:

“Thank you, Tim! The Danville Dandy lived up to its name! Great weather, SIMPLY SUPER Dan Henrys, yummy treats at the Sag (& your brother was so friendly)! I SO APPRECIATE your A+ effort and work!”

“I’d also like to thank Tim. This was a beautiful route, and I appreciate all the work that went into making this ride happen. Everything was well marked, the SAGS were great, and I met some really nice riders along the way.”

“Stellar ride!”

Ride Name: Southeast Limited Support Ride
Ride Start: Kitley Elementary
Ride Date: October 21, 2018
Ride Leaders: Cheryl Sunman & Ian Seeof
Number of Rider: 12

The chilly 32 degree temperature with light wind didn’t stop 12 cyclists from enjoying the Southeast Limited Support Ride. We had lots of sunshine and blue skies that helped us feel warmer than the freezing temperature at the start. Eight opted for the medium route, while the other 4 rode the extra-long route. On the return one rider asked if we were going to cycle the starting temperature - those of us on the medium route barely did, but those who did the extra-long route exceeded the ending temperature as well. This is a rule only to be followed when it’s cold!
November-December 2018  CIBANews  21

Ride Reports
email Ride Reports to cibanews@cibaride.org

Ride Name: Mann Road Bypass
Ride Start: West Newton Elementary
Date: September 30, 2018
Ride Leaders: Carl & Penny Weissgerber
Number of Riders: 52

Perfect weather and a new start location brought our 52 riders to try their legs on Centenary (8% grade) and Lincoln Hill (10% grade) road hills. All were satisfied they were ready for the Hilly.

At the SAG in Brooklyn riders got to enjoy Penny’s legendary SAG buffet and pet two loving dogs.

Ride Name: Columbus Fall Color Tour
Ride Start: Columbus
Date: October 13, 2018
Ride Leaders: Randy & Connie Schmucker
Number of Riders: 22

Brrrr! One of the coldest Grand Touring rides ever. But twenty-two riders arrived in Columbus to tour the roads in western Bartholomew and Eastern Brown County on what turned out be a gorgeous fall day. The riders munched on cinnamon crunch bagels for fuel while preparing to ride. Skies were cloudy initially. But the sun soon came out and clear blue skies followed. Temperatures started at 40 degrees and eventually warmed to the low 50’s.

The Fall Color Tour meandered through the rolling hills and woods. This year the trees were still green. The riders still enjoyed rolling through all the scenic woodsy hills which made the uphill efforts worthwhile. Of course, the downhills were even better!

The riders stopped at Trail’s End twice for food and rest. Lots of chicken salad, barbeque pork sandwiches and other goodies were consumed. After the first stop riders climbed the Orchard Road hill and it was worth the effort. Orchard Road was gorgeous.

Ride Name: Ride to Rabbit Hash
Ride Start: Burlington, KY
Date: September 29, 2018
Ride Leaders: Connie & Randy Schmucker
Number of Riders: 11

Wow! What a gorgeous day. Eleven riders arrived at Boone County Central Park to ride to Rabbit Hash on a perfect day to ride. The skies were clear and temperatures started in the upper 50s and rose to the low 70s by the end of day.

The riders started out by rolling down and up the two big hills of the day on KY 536. The downhills were nice and cool! Eventually the riders enjoyed the wonderful descent on Waterloo road to the Ohio River. At Bellevue the riders feasted on huge deli sandwiches and goodies. No one went away hungry!

The road to Rabbit Hash rolled along the Ohio River and the riders rolled right on in to Rabbit Hash to visit the 1830’s General Store. Rabbit Hash was hopping. The Power Wagon truck club paid a visit and it was interesting to see those old renovated trucks.

Two riders had a cell phone adventure when they found a cell phone with a wallet by the side of the road and tried to find a way to return it to the owner. They found a water rescue station who called the owner. Success! Of course, once they found their way to Rabbit Hash, they discovered they had lost their own cell phone! After returning to the start they went back to look for it and miracle of miracles, right when they were ready to return around and give up, there the cell phone sat on a driveway. All was well.

The riders continued to roll along the Ohio River with many scenic river views until they arrived at Big Bone Lick State Park. Well… there was one slow down. Ryle Road had been improved. But there was still one short section that had to be walked. The scenic river views were worth it.

At the Big Bone Lick visitors center you can actually see some “Big Bones”! A mastodon tooth was on display that you could touch, and it was huge. The gift store still had lots of cute stuffed animals and some of them (owls, saber tooth tigers, bison) found their way into bike bags for the trip back.

From Big Bone Lick the riders climbed the gradual ascension back to Boone County Central Park. At the Boone County Arboretum, a migration station for butterflies was setup. Several of the riders enjoyed viewing and photographing the many butterflies. The hills had made the riders hungry too. After the ride the riders headed to Gold Star chili for Cincinnati style chili and Coney dogs to recover all those calories lost!
CIBA Business Members 2018

★★ BGI (Bicycle Garage Indy)
M-Sat 10-8, Sun 12-5
4340 E. 82nd St.
Indianapolis IN 46250
317.842.4140
www.bgindy.com
Bicycle Garage Indy - Greenwood
M-Sat 10-8, Sun 12-5
997 E. County Line Rd
Greenwood, IN 46143
317.885.7194
Bicycle Garage Indy - Downtown
Open M-Sat, closed Sun (hours variable with seasons, check website)
242 E. Market St.
Indianapolis, IN 46204
317.612.3099

★★ Bluegrass Bicycle Company
Contact for appointment,
10929 E CR 750 N
Brownsburg, IN 46112
317.513.3017
info@bluegrassbicyclecompany.com
www.bluegrassbicyclecompany.com
http://facebook.com/BluegrassBicycleCompany

★★ Circle City Bicycles
M-F 10-7 and Sat 10-6
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www.circlecitybicycles.com

★★ Doehrman Buba, Attorneys at Law
600 E 96th St, Suite 450
Indianapolis, IN 46240
888.494.3765
brian@attorneysync.com
https://tortslaw.com/

★★ Endurance House
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★★ Fall Creek Veterinary Medical Center
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www.fallcreekvet.com

★★★★ Fountain Law Firm
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Indianapolis, IN 46204
317.917.7873
Merry Fountain,
attorney@FountainInjuryLaw.com
www.FountainInjuryLaw.com

★★★★ Gray Goat Bicycle Company
M-F 10-7, Sat 10-6, Sun 12-5
7750 S Meridian St Suite A
Indianapolis, IN 46217
317.780.GOAT (4628)
knowledge@graygoatsports.com
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Franklin, IN 46131
317.494.6967
franklin@graygoatsports.com
https://www.graygoatsports.com

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www.lokebicycles.com

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www.marian.edu

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David Kaplan
tnrkits@gmail.com
http://teamneboridge.org

★★ The Bike Line
M-F 10-6, Sat 9-5
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Travis Rassat
18737 McKeon Ct
Noblesville, IN 46032
317.883.0702
Travis@vectorcycleworks.com
www.vectorcycleworks.com

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135 Raintree Dr
Zionsville, IN 46077
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**1973.**
Our grandparents went to Cape Cod and all we got was this super great beach house that’s still in the family in 2018.
# CIBA Repeating Rides November 2018

Note: For latest information, contact ride leader or view our calendar at cibaride.org.

<table>
<thead>
<tr>
<th>Title</th>
<th>Date/Time</th>
<th>Ride leaders</th>
<th>Speed Range</th>
<th>Distance</th>
<th>Description</th>
<th>Where</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rep: Franklin Friendly</td>
<td>Thursdays at 17:30 thru Nov. 1</td>
<td>Dan Catlin, <a href="mailto:dan@middledavids.com">dan@middledavids.com</a> (317) 625-6835, Adam Kasch, <a href="mailto:Ackasch@hotmail.com">Ackasch@hotmail.com</a> (765) 414-6978</td>
<td>A 20 B 18 C 15-16 no drop for new riders</td>
<td>24.9 miles</td>
<td>The Ride starts at Gray Goat Bicycle Shop in downtown Franklin and loops to the East. The goal of the Franklin Friendly ride is to encourage development of friendships while challenging ourselves to be better and stronger cyclists. The core group has been riding on Thursdays since 2012 as a CIBA weekly repeating ride. The route is flat, just short of 25 miles and after about a mile on city streets, goes through the country East of Franklin along fun curvy roads with little vehicle traffic. Contact Dan for a PDF of the route or gpx or tcx files for your computer, but roads are also well marked with CIBA yellow Dan Henry’s. We typically ignore weather and almost never cancel. Text Dan if in doubt.</td>
<td>25 E Court Street, Franklin Indiana 46131</td>
</tr>
<tr>
<td>Rep: Northside Breakfast Ride</td>
<td>Saturdays at 9:00</td>
<td>David Thomas, 765-438-6451, <a href="mailto:dthomas@compasys.com">dthomas@compasys.com</a></td>
<td>14-20 mph</td>
<td>42 miles</td>
<td>Routes are marked so riders of a different pace than stated for the group can do the routes on their own. There may or may not be others riding at speeds different than noted. Start from Cool Creek Park, Nature Center parking lot. Ride to breakfast at Lincoln Square in Westfield (State Road 32 and Carey Road) and options for the return. Terrain: Rolling Hills and Country Roads. Light traffic for majority of ride. Typically, the ride breaks into 2-3 groups during the ride to match the different riding paces. Ride leaders may not be present if it is raining, snowing, if there is snow or ice on the roads, or if it is below 32 degrees at the start. Ride will also not be held on days where other weekend rides or holiday rides are scheduled.</td>
<td>Cool Creek Park, 2000 E 151st St, Carmel, IN 46033</td>
</tr>
</tbody>
</table>
**Rep: Bluegrass Bicycle Big Walnut Headwaters Ride**

<table>
<thead>
<tr>
<th></th>
<th>Fourth Saturday of the Month at 11:00 am</th>
<th>Jonathan Juillerat</th>
<th>317-513-3017</th>
<th><a href="mailto:Jonathan@BluegrassBicycleCompany.com">Jonathan@BluegrassBicycleCompany.com</a></th>
<th>no drop</th>
<th>up to 25 miles</th>
</tr>
</thead>
</table>

The Bluegrass "Headwaters" ride is a 25 mile route alternating between gravel and pavement. There are good stopping points with shade and potential emergency restrooms and water at the New Brunswick Church of Christ (mile 6), Old Union Church (mile 18) and Lizton Westbound I-74 Rest Area at (mile 24). There is a nice resting spot with some minimal shade at the Poplar Grove Cemetery (mile 21). This is an excellent ride for gravel enthusiasts who are looking for a no-drop ride with very low traffic and multiple bailout points. Meet for great food and beer at the Rusted Silo BBQ and Brewhouse (Lizton, IN) at the end as extra incentive!

Ride Leaders will be riding as fast as the slowest rider in the group. Ride participants are welcome to ride at a faster pace if desired.

State Bank of Lizton, 206 N State St, Lizton, IN 46149, USA
Election of officers and board members for 2019

Single Memberships – One Vote

**Officers (One Year Term):**

**President (vote for one):**
- [ ] [ ] Kate Feltman
- [ ] [ ] (write-in)

**Vice President (vote for one):**
- [ ] [ ] Jan Moorhead
- [ ] [ ] (write-in)

**Secretary (vote for one):**
- [ ] [ ] Martha Hall
- [ ] [ ] (write-in)

**Treasurer (vote for one):**
- [ ] [ ] Catherine Dusing
- [ ] [ ] (write-in)

**Board Members:**

**Vote For FIVE:** The three people receiving the three highest number of votes will be elected to three year terms. The person receiving the next highest number of votes will be elected to a two year term and the person receiving the fifth highest number of votes will be elected to a one year term.

- [ ] [ ] Sheldon Hall
- [ ] [ ] (write-in)

- [ ] [ ] Holly Phanco
- [ ] [ ] (write-in)

- [ ] [ ] Lisa Powell
- [ ] [ ] (write-in)

- [ ] [ ] Alan Rainey
- [ ] [ ] (write-in)

- [ ] [ ] Jyoti Verderame
- [ ] [ ] (write-in)

- [ ] [ ] Marc Walter
- [ ] [ ] (write-in)

Please mail this ballot to CIBA, P. O. Box 55313, Indianapolis, IN 46205 or bring it to the Annual Dinner on November 10, 2018.

★Two members of a family membership may each cast one vote for each office and directorship to be filled. Please cast both sets of votes on this ballot; however, if necessary, one set may be cast via this ballot and the other cast in person at the Annual Dinner on a separate ballot. If neither member can attend the Annual Dinner and separate ballots are desired, send a self-addressed stamped envelope with your request for a second ballot to the address shown above.